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Spring Break 2026



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Canadian Cottage Culture



Newspaper Marketing



Pi Day
March 14



Doctors' Day
March 30

Youth Art & Music in Our Schools Months



St. Patrick's Day on March 17



Int'l Women's Day March 8
Women's History Month



College Basketball
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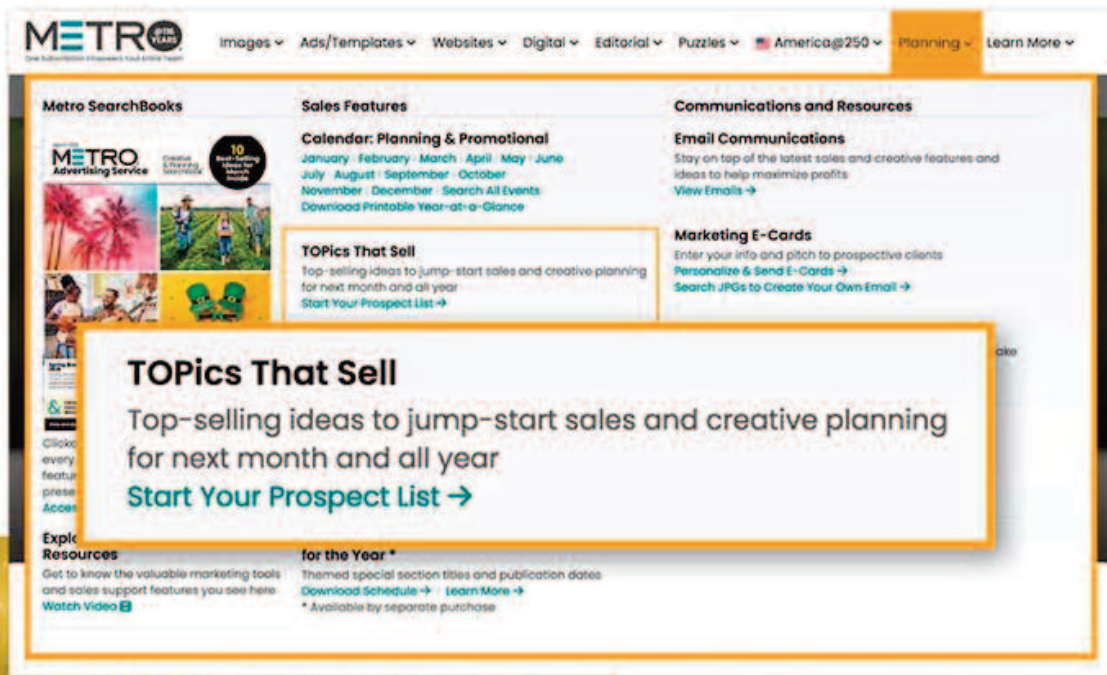


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- Saint Patrick's Day
- Spring Break
- Art Month
- Doctors' Day
- Int'l Women's Day & Women's History Month
- Newspaper in Education Week
- Canadian Cottage Season
- College Basketball Tournament Time

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- Garage Sales
- Medical & Health
- Newspaper Marketing
- Pets
- Real Estate
- Restaurants & Bars
- School & Education
- Shop Local
- Sports
- Weddings

March 2026



S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
Daylight Saving Begins						
15	16	17	18	19	20	21
St. Patrick's DaySpring Begins						
22	23	24	25	26	27	28
29	30	31				



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Those exploring agriculture as a possible career field can look to these unique roles.



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Ultraprocessed foods have garnered increased attention in recent years. Consider this rundown as you seek to make healthy dietary choices for your children.



Financial missteps that can affect your credit score

The following are some common credit missteps that consumers can look to avoid as they seek to build strong credit histories.



Warning signs of emerging kidney issues

Individuals can keep an eye out for various warning signs that suggest kidney function may not be normal.



The unique ways music education benefits academic performance

The Community Music Center of Boston notes that music has been found to boost academic performance in a variety of subjects.



How reading benefits young brains

Research has found that reading has a notable impact on brain development in children.



Low-calorie, nutrient-rich foods to help you maintain overall health

Adults looking to stay a nutritious course can incorporate a variety of low-calorie, nutrient-dense foods into their diets.



Put some spring in your cleaning step

These tips can help cut down on clutter and other interior annoyances that have arisen after months spent indoors.



Canadian St. Patrick's Day celebrations

Featuring historic parades and unique regional traditions, Canada is a great place to commemorate St. Patrick, the patron saint of Ireland.



7 signs of spring allergies

Identifying the symptoms of allergies is key to distinguishing them from a cold or another infection and to ensuring fast relief.



Vaccination schedules for cats and dogs

Specific schedules will vary based on the type of pet and the advice of a vet, but there are standard protocols recommended by most professionals.

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Tips for a safe and fun spring break road trip



Arriving months after the holiday season and right around the end of winter, spring break comes at the perfect time for families and students. A winter spent largely indoors can excite anyone about the prospect of soaking up some sun from the comforts of a sandy beach, and millions will do whatever it takes to make such a trip possible.

Many spring breakers may fly to their destination, but that can be costly for families paying for multiple flights. Indeed, spring break can be one of the more costly times to travel by air, as it's considered a peak travel period. Families who want to get away but don't want to spend thousands of dollars on flights alone can take to the road and drive to their destinations. If a road trip is in the cards, families can consider these strategies to ensure a safe and fun excursion.

- **Have your vehicle fully serviced before your trip.** Winter can be hard on a vehicle, particularly when a car is parked outside in locations where harsh weather is the standard between December and March. A full checkup that tops off fluids, tests the brakes (and replaces them, if necessary), inflates the tires (and again, replaces them, if necessary), tests the battery, and checks headlights and wiper blades to ensure they're operating at peak capacity can prepare a vehicle for the journey to your spring break destination.

- **Make some pit stops along the way.** If it's an especially long trip to your destination, extend your travels by a day or two and make an extra stop along your way to your destination and on your return home. Find a fun activity along the way, such as a trip to a local indoor water park or a must-see hiking spot, so everyone can spend a day moving around before getting back in the car.

- **Don't be a motorized martyr.** When your ultimate destination is a warm, sun-soaked beach, it can be tempting to make the trip in a single day. But fatigued drivers are dangerous drivers, so it's best to build in some time to take a break and even share driving duty with another licensed driver. Moms and dads can switch halfway through the trip. If you

already know the trip will take multiple days on the road, then stop driving no later than sundown to ensure you and your fellow drivers get a good night's rest.

- **Line up some in-vehicle entertainment.** A long road trip with young children will require some in-vehicle entertainment. Load up a tablet with movies to keep the kids occupied during the drive but also arrange for some non-device game play as well. A book of puzzles, a family sing-along, a round or two of I spy, the license plate game, and even some kid-friendly trivia can provide some fun distractions on the way to your destination.

The cost of air travel can be prohibitive for families looking to get away this spring break. Some simple strategies can make road trips a safe, fun and cost-effective means to getting away when school lets out this spring.

Tips when traveling with pets

Traveling with pets can be a rewarding experience that enables individuals to share new adventures with their companion animals. Bringing pets along on vacation has become quite popular. According to Top Dog Pet Travel, a central Florida agency specializing in pet-friendly bookings, there has been an uptick in people traveling with their pets since 2024. A report from the American Pet Products Association indicates 22 percent of both cat and dog owners reported taking their animals on at least three flights in 2024.



Although traveling with pets can be fun and cuts down on costs for pet boarding or alternative care, it also requires careful planning to keep pets safe, comfortable and free from stress throughout the trip. These practical tips can make traveling with

How families can navigate spring break vacations

Spring break offers an ideal respite for families looking to get away from the hustle and bustle of daily life. Students can use a restful spring break to recharge their batteries for the home stretch of the school year, while parents will enjoy a pause from work and a school year filled with kids' activities.

A family-friendly spring break will require some planning to ensure such an excursion is within budget and appropriate for travelers of all ages. With that in mind, parents planning a spring break getaway with their children can consider these tips.

- **Book flights as early as possible.** If the family aspires to take to the friendly skies during spring break, then book flights well in advance so the cost of air travel doesn't bust the budget. According to the affordable travel experts at Dollar Flight Club, fares for flights between mid-March and early April can spike by anywhere from 20 percent to 50 percent. That's because airlines know spring break is a popular time to travel. While booking early might not lead to huge savings, it will give parents more freedom to pick and choose flights based on variables important to them, like flight times and ticket costs. The longer you wait, the more expensive and less accommodating a flight may be.

- **Avoid hotspots.** Spring break hotspots tend to be overcrowded and a little raucous, which is less than ideal for families with young children. When planning a family-friendly spring break, look for locales off the beaten path. Early to mid-March is peak spring break season for many colleges and universities, so if children's schools let out for spring during this time it may be wise to avoid



oceanfront destinations that typically attract lots of college students. If the budget allows, spring break might prove an ideal time for an international trip with the family.

- **Emphasize outdoor activities.** As winter winds down, people from all ages tend to get a little cabin fever. Come spring break, look for destinations where outdoor activities abound. Access to activities like hiking, kayaking, swimming, and other outdoor favorites can provide a necessary escape from the cold weather back home.

- **Visit a big city.** Beaches draw crowds come spring break, but cities tend to be less overrun by tourists during this time of year. Consider visiting a big city and taking in all it has to offer. Flights and accommodations to such locales might not cost as much as travel and lodging to oceanfront destinations, so this can be a great time to visit a big city and take advantage of the cultural and culinary offerings it serves up.

Spring break need not be a budget buster for families looking to get away this March or April.

- **Bring familiar items.** Animals like consistency and routine. Keeping familiar items nearby can help reduce anxiety in unfamiliar environments. Bring along food, bowls, leashes, and preferred toys or bedding.

- **Stick to routine.** Give the pet time to adjust to the new surroundings and adhere to the same meal, walk and play schedules the animal is accustomed to at home. Regular feeding helps avoid stomach upset, as does bringing bottled water or water from home.

- **Pack some patience.** Even the most well-behaved pet may act out a little when in unfamiliar territory. Also, it's possible to encounter individuals who may not be as amenable to sharing surroundings with pets. Pets will take emotional cues from their owners, so projecting calm can be beneficial.

Traveling with pets is becoming increasingly popular. Planning ahead and working with pet-friendly venues can ensure that everyone in the family enjoys some time away.



CHILDREN'S Brain Health



How reading benefits young brains

Reading is a beloved pastime that's having a moment. A number of variables have helped to renew people's interest in reading. BookTok, a popular subcommunity on the social media platform TikTok in which users create videos to recommend and discuss books, is one such variable.

The BookTok trend has helped to spark and

revive many people's interest in reading, and that's paid dividends for the bookseller Barnes & Noble, which plans to open 60 new stores in 2026 after opening 30 new stores in 2023, 61 in 2024 and 67 in 2025. Reading more also pays considerable dividends for readers, particularly school-aged book lovers. Research has found that reading has a notable impact on brain development in children.

- **Reading can foster critical thinking skills.** Reading fosters critical thinking skills by engaging readers in a story and encouraging them to ask questions about its characters and plot. The tutoring experts at Readability, who specialize in helping a diverse group of readers in making the shift from learning to read to reading to learn, note that reading helps students assess situations logically and form reasoned opinions.

- **Reading can help build language skills.** Reading helps children build their vocabularies by enabling them to read new words. Reading aloud to children can be especially beneficial for young children, but reading to themselves

also encourages kids to learn new words. As children read and learn new words, their language skills expand.

- **Reading fosters a sense of wonder about the world.** The wide range of literary genres, from sci-fi to fantasy to history, can instill in children a sense of curiosity and wonder about the world they live in. That can spark interest in other subjects at school, including science, mathematics and art.

- **Reading can benefit youngsters' attention spans.** Modern children are inundated with stimuli that does not necessarily foster longer attention spans. Social media videos and even some children's television programming may have an adverse effect on kids' ability to build a strong attention span. Reading helps kids to strengthen their focus by requiring them to concentrate on a narrative and process information as the story unfolds. That requires kids to maintain their attention for far longer than the average social media video.

Reading has a profound impact on the development of young children's brains. That makes it both an enjoyable and effective pastime.



Getting kids back into free play

One of the endearing components of the Netflix series "Stranger Things," which reached its conclusion at the close of 2025, is how the show harkened viewers back to the unencumbered days of being a kid in the 1980s - that is, until those kids had to fight for their survival against otherworldly foes. Demogorgons and mind flayers aside, the Hawkins kids would hop on their bikes and traverse their town, or engage their imaginations during game play in a wood-paneled basement. Baby Boomers, Generation Xers and even Millennials can likely recall youthful days when they had plenty of free time on their hands to pursue various adventures.

Fast forward to 2026, and today's children lead much more structured lives. With the rise of "helicopter parenting" and "tiger parenting," children find themselves continuously engaged with academics, structured sports teams, music lessons, and choreographed play dates, largely

initiated by the adults in their lives. "Free play," defined as child-initiated, unstructured activity, has largely been phased out.

The American Academy of Pediatrics and the Centers for Disease Control and Prevention suggest that free play is not simply a break from learning, but the "primary vehicle through which children develop the brain architecture necessary for adult success." Free play should be encouraged and not lambasted. Here's a look at how free play is imperative for healthy kids.

- **Improves executive functioning:** Research published in The Journal of Pediatrics says children who have more time for unstructured play have better self-regulation and executive function. These elements can predict academic success better than IQ, say health experts.

- **Greater brain development:** Researchers at Baylor College of Medicine have found that children

who don't play much develop brains 20 to 30 percent smaller than is normal for their age.

- **Stress reduction:** In their clinical report, "The Power of Play," the AAP suggests that when play and safe, stable, nurturing relationships are missing in a child's life, stress hormones can elevate to harmful levels. Play is so essential to kids that the AAP suggests pediatricians recommend more of it at each child well visit.

- **Promotes conflict resolution:** Children who engage in free play learn on their own how to keep the game going through compromise, rather than relying on a parent or referee.

Free play is an important component of a child's well-being, and one that is not stressed nearly as much as it should be for good health and future success. Kids can enjoy self-directed play that is nature-based and unplugged from digital distractions.



The unique ways music education benefits academic performance



Education is a vital component of a successful life. The future is indeed limitless when children have access to the educational tools they need to thrive. While STEM has garnered increased attention in classrooms across the globe throughout the twenty-first century, music education should not be overlooked for its contributions to intellectual development.

A 2022 report from the Arts Education Data Project estimated that nearly 2.1 million American students had no access to any form of arts education, which includes dance, music, theatre, and visual arts. A similar deficiency is evident in Canada, where a 2023 editorial in the Calgary Herald noted a significant percentage of schools that seek financial support from the education charity MusiCounts have an annual music education budget of \$500 or less. The decline of music education in classrooms is unfortunate, as the Community Music Center of Boston notes that music has been found to boost academic performance in a variety of subjects.

- **Math:** The CMCB reports that students who play an instrument perform better in algebra, which serves as a foundation for further studies in mathematics throughout high school and college. A 2019 study published by the American Psychological Association found that students who learned to play a musical instrument and continued to play in high school band and orchestra were the equivalent of roughly one academic year ahead of their peers in various subjects, including mathematics.

- **Reading and language arts:** The CMCB notes that studying music helps students improve their ability to read, write, utilize information, resources, develop their vocabulary, and edit their mistakes. According to Edutopia, an initiative of the George Lucas Educational Foundation, neuroscientists know that playing or learning to sing music is a parallel process to reading. As a result, many of the challenges music students encounter and ultimately overcome when learning to play or sing music can translate to classes that emphasize reading and language arts.

- **Study habits:** Learning to play a musical instrument is a challenging task that requires diligence and hours upon hours of practice. That discipline can translate to additional subjects by fostering a recognition among students that fulfilling their academic potential requires the same commitment to work outside the classroom (i.e., studying) that was necessary for them to learn to play an instrument.

Music education may no longer be a part of millions of students' academic experiences. But a return to the days when that was not the case can benefit students in numerous ways.

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Small farms are the lifeblood of rural communities.

According to the Farm Bureau, 97 percent of American farms are owned by families. Small family farms make up the majority of farms nationwide and operate a higher share of acres altogether than any other farm size. It's important to note that the distinction "family farm" does not necessarily always mean a small-scale operation. Ten percent of farms owned by families generate more than \$350,000 in annual revenue. Despite this, small-scale farms are mired in a long-term decline, according to recent U.S. Department of Agriculture reports. Driven by economic pressures, government policies generally are favoring large operations, consolidation and tighter competition.

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Did you know?

Parents may have heard varying iterations of the theory that listening to classical music can help students improve their academic performance and wondered if there's any truth to that. And it turns out there is.

A study from researchers at Baylor University released in 2020 found that college students who listened to Beethoven and Chopin during an interactive lecture on microeconomics and then heard the music again that night while sleeping performed better on a test the following day than did peers who were in the same lecture but listened to white noise while they slept. Students who listened to the music increased their performance on integration questions by 18 percent. That's a notable boost, but researchers warned it was temporary, as test scores did not remain as high when students took a similar test nine months later.



Did You Know?

Modern children may not be getting all of the vitamins and minerals they need to be healthy.



According to the National Library of Medicine, nutrient deficiencies of iron, vitamin A, folic acid, and zinc are prevalent worldwide, especially in children from low income areas. Many modern kids do not consume sufficient amounts of nutrients that are vital for growth. For example, CNBC reports that kids are not getting enough fiber and potassium. But the No. 1 nutrient that kids, particularly those in the United States, aren't getting enough of is vitamin D. Fifty percent of children between the ages of one and five and 70 percent of those ages six to 11 have a vitamin D deficiency. Vitamin D is largely produced through exposure to the sun, and sedentary kids may not be getting enough time outdoors. Kidsville Pediatrics also says modern kids are deficient in vitamins A, C, B12, and E. Parents can talk to their children's pediatricians about how best to address nutrient deficiencies, particularly among children who may be picky eaters.

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Did you know?

The Cleveland Clinic notes that

kidney pain is often mistaken for back pain.

Those unsure of what's causing their discomfort should know there are some notable differences between kidney pain and back pain. Back pain typically affects the middle of the back over the spine and leads to discomfort in the lower back. Kidney pain typically occurs to the right or left of the spine just below the rib cage where the kidneys are located. Kidney pain may feel deeper than back pain, and can radiate to other areas of the body, including the abdomen or groin. If back pain goes beyond the initial area, it tends to radiate down the legs. Individuals experiencing pain sufficient enough to feel discomfort that does not subside are urged to speak with a physician to determine if the pain is indicative of a back problem or an issue with their kidneys.



Did you know?

The number of people across the globe with multiple sclerosis (MS) is on the rise.

According to the MS International Federation, the number of people with MS increased from 2.3 million in 2013 to 2.9 million in 2023.

MSIF data indicates that roughly 32 percent of global MS cases affect people in the United States, while around 3 percent of cases occur in Canada. The MSIF cites improvement in data collection as contributing to the higher estimates of people living with MS, but notes that there are still notable gaps in incidence rates, particularly in low income countries and Africa. That means MS is likely affecting more people than the existing data suggests. One area the MSIF notes is a cause for concern regards the number of children age 18 and under living with MS, which the organization indicates is higher than was previously believed.

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According to the Alzheimer's Association, a certain type of **traumatic brain injury (TBI) can increase a person's risk of developing Alzheimer's or another type of dementia.**

A TBI that results from an impact to the head disrupts normal brain function, and that disruption can elevate the injury sufferer's risk for dementia. The Alzheimer's Association notes that further research into the link between TBIs and dementia risk is necessary, as some people experience TBIs after a blow to the head and do not develop dementia. But the Alzheimer's Association also notes that it is known that cognitive changes after a TBI are among the most common, most disabling and longest-lasting symptoms that result from such injuries, which can affect the ability to learn and remember new information and compromise a person's ability to concentrate, organize thoughts and plan effective strategies for completing tasks.



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Notable quotes from American presidents

Americans will celebrate the two hundred and fiftieth anniversary of the United States throughout 2026. Many a notable leader has influenced the country in its 250-year history, and the following are some notable quotes from American presidents over the course of the nation's history.



"If we can but prevent the government from wasting the labors of the people, under the pretense of taking care of them, they must become happy."
— Thomas Jefferson, 1802

"Peace is the best time for improvement and preparation of every kind; it is in peace that our commerce flourishes most, that taxes are most easily paid, and that the revenue is most productive."
— James Monroe, 1817

"Officeholders are the agents of the people, not their masters."
— Grover Cleveland, 1886

"In the history of mankind, many republics have risen, have flourished for a less or greater time, and then have fallen because their citizens lost the power of governing themselves and thereby governing their state; and in no way has this loss of power been so often and so dearly shown as in the tendency to turn the government into a government primarily for the benefit of one class instead of a government for the benefit of the people as a whole."
— Theodore Roosevelt, 1903

"Governments do not make ideals, but ideals make governments."
— Calvin Coolidge, 1928

"No government is perfect. One of the chief virtues of democracy, however, is that its defects are always visible and under democratic processes can be pointed out and corrected."
— Harry S. Truman, 1947

"Mankind must put an end to war — or war will put an end to mankind."
— John F. Kennedy, 1961

"A president's hardest task is not to do what is right, but to know what is right."
— Lyndon B. Johnson, 1965

"American has never been united by blood or birth or soil. We are bound by ideals that move us beyond our backgrounds, lift us above our interests and teaches what it means to be citizens."
— George W. Bush, 2001

"Change will not come if we wait for some other person, or if we wait for some other time. We are the ones we've been waiting for. We are the change that we seek."
— Barack Obama, 2008 (Believed while campaigning for president in an election Obama ultimately won)

Notable facts about the American Civil War

The American Civil War is the deadliest conflict in United States history. Though the precise number of casualties remains unknown, a 2011 analysis from demographic historian Dr. J. David Hacker estimated that three quarters of a million people lost their lives during the American Civil War. Dr. Hacker's research was met with praise by Civil War historians, and his estimate is just one of many notable facts about this pivotal conflict in American history.

- The National Park Service notes incomplete and destroyed enlistment records from the Confederate Army complicate efforts to determine how many soldiers fought in the American Civil War. However, historians estimate the total number of soldiers is somewhere between three and four million. The NPS notes nearly 27 million combatants enlisted for the Union Army, while estimates for the Confederate Army range between 750,000 and a little more than 1.2 million.
- The American Battlefield Trust reports that the Battle of Shiloh, also known as the Battle of Pittsburg Landing, featured unprecedented carnage over two days in April 1862. The battle enabled Union troops to penetrate the Confederate interior, but the cost was steep, producing more casualties than any conflict on the American continent to date. By the time the battle ended, more than 13,000 Union troops had died while Confederate losses neared 11,000.
- American Civil War nurse and eventual founder of the American Red Cross Clara Barton was tending to a wounded soldier during the Battle of Antietam in September 1862 when a bullet ripped through her sleeve. Though Barton was unharmed, the bullet killed the man she was trying to help.
- Oliver Wendell Holmes, Jr. is best remembered for his lengthy tenure on the U.S. Supreme Court, which began in 1902 and ended in 1932, when Justice Holmes was 90 years old. But long before Justice Holmes took a seat on the bench of the Supreme Court, he was a combatant in the American Civil War, during which he was injured on three separate occasions.
- Kentucky Senator John J. Crittenden had two sons who became major generals during the American Civil War. Though that's notable on its own, it's even more so given that Senator Crittenden's sons fought on opposite sides. A third son served in the Union Army as well, attaining the rank of colonel, while two of the Senator's grandsons also fought in the conflict, with one fighting for the Confederate Army and the other serving in the U.S. Navy under Union Rear Admiral David Farragut.
- President Abraham Lincoln's famous Gettysburg Address in 1863 is well-known for its brevity. But Edward Everett, who spoke before President Lincoln at the dedication ceremony of the Gettysburg National Cemetery, spoke for more than two hours.



USA WORD SEARCH



AMERICA EAGLE FREEDOM LIBERTY SEAL UNCLE SAM
CAPITOL FLAG HISTORY PLEDGE STATES USA

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PASS 4 col x 10"





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Sponsor Ad



Spring Break 2026

Girls Just Wanna Have Sun

Gear up for good times and tan lines with the hottest looks for spring break!

BOGO 50% Off All Mix-&-Match Swimwear
Now Through March 00

Women's Clothing Store
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5 Nights From \$999
Pool Parties Every Day
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Go where the Vibes Are

Welcome, Spring Breakers!

- DJs & Dancing All Day & All Night
- Drink & Shot Specials
- VIP Bottle Service
- No Cover

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PASS 6 col x 3

Girls Just Wanna Have Sun

BOGO 50% Off All Mix-&-Match Swimwear

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BOOK YOUR Spring Break Escape

5 Nights From \$999
Pool Parties | Free Nightclub Admission | All-Inclusive Deals Available

Hotel Resort
1234 Washington Street | Somersville Heights



Go where the Vibes Are

- No Cover
- Drink & Shot Specials
- VIP Bottle Service
- DJs & Dancing All Day & All Night

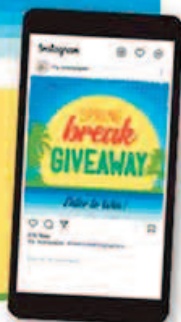
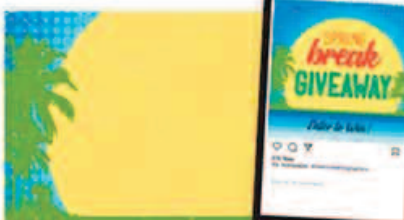
Bar or Nightclub
1234 Washington Street | Somersville Heights



Web Ads
Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50

Spring Break TRAVEL DEALS

Masthead - Build themed pages or directory layouts, in print or online



Social Media Tiles - Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds







Agriculture Week & Ag Day on March 24

A Farm Safety

**FOR KIDS
& FAMILIES**

Each day, at least 33 children are seriously injured and approximately every three days a child dies in an agriculture-related incident

according to the National Children's Center for Rural and Agricultural Health and Safety.



Parents and Adults, Remember to Be Good Role Models!

Parents can help protect kids on the farm by making sure they are supervised, and by practicing safe behaviors that set the right example. The actions kids observe among adults have a strong influence on the habits they develop.

FARM SAFETY SMARTS

REVIEW THESE IMPORTANT GUIDELINES WITH KIDS TO HELP KEEP THEM SAFE.

- NEVER enter a grain bin while grains are being loaded or unloaded.
- Stay away from grain silos, watering troughs, manure pits and equipment storage areas. If you can't avoid them, be extra careful to mind your steps and surroundings.
- Never climb on windmills, electrical wires, augers, grain elevators or feed wagons.
- Don't play on or near tractors or other equipment or tools.
- Don't touch containers of chemicals, pesticides or anything labeled with a danger or caution sign.
- If you need to use a fire extinguisher, remember the **PASS** method: Pull the pin, Aim low, Squeeze the handle, and Sweep from side to side.

**IF
YOU SEE
SOMETHING
UNSAFE, ALWAYS
TELL AN
ADULT.**



Use caution and follow these tips from Progressive Agriculture Safety Day® when interacting with animals:

- Be calm, move slowly and avoid making loud noises.
- Wear steel-toed shoes.
- Stay away from an animal's hind quarters.
- Approach large animals at the shoulder.
- Avoid animals with babies.
- Avoid intact male livestock of all species (stallions, bulls, boars, etc).
- Know an escape route when working in close quarters.

Insurance
Company

Bank or
Credit Union

Feed &
Seed Store

Ag Consulting
Service



Thanks to the Hardworking Farmers and Ranchers

Masthead - Build themed pages or directory layouts, in print or online



Thanks
to the Hardworking
Farmers and
Ranchers *Who Keep Us Growing Strong*

Please join us in
saluting today's agriculture families
for their integral role in producing food,
fiber, fuel and a sustainable future for
our community and our country!
We recognize and appreciate their
contributions and commitment as producers,
employers and stewards of our environment.

*Thank you all for your hard work and the positive
impacts you make on the everyday lives of our families,
friends and neighbors here and around the world.*

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PASS 2 col x 5



Thanks
to the Hardworking
Farmers and
Ranchers
Who Keep Us Growing Strong

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Rectangle 250 x 300

Leaderboard 728 x 90

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Farmers and Ranchers
Who Keep Us Growing Strong*

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Sponsor**
1234 Washington Street
Somerville Heights



*Thanks to the Hardworking
Farmers and Ranchers
Who Keep Us Growing Strong*

**Name
Sponsor**



**Thanks to the
Hardworking
Farmers and
Ranchers** ♦ ♦

Who Keep Us Growing Strong







March Is Youth Art Month & Music in Our Schools Month



Pick your favorite idea from the list, and draw it here!

10 Picture Prompts

Draw a scene from your favorite book or movie.	Draw a monster riding a bicycle, motorcycle or golf cart.
Draw the cabin or castle of your dreams.	Draw an elephant or a hippo dancing ballet.
Draw an underwater ocean scene with colorful fish.	Draw a tree that grows donuts, cupcakes or candy.
Draw your favorite character from a book, show or video game.	Draw a skunk having dinner with a porcupine.
Draw a pirate's treasure map.	Draw a garden full of flowers, bumblebees, bugs and sunshine.

Can't Decide What to Draw?
 Cut out each of the ideas and fold them into squares.
 Mix them up and pick one at random!



Why Is Drawing Great for Kids?

Research shows that drawing helps children:

- Develop fine motor skills
- Improve hand-eye coordination
- Strengthen concentration
- Develop problem-solving skills

Best of all, drawing is fun for everyone, allowing us to express ourselves, exercise creativity and use imagination!

ART CLASS



Musical Mysteries & Fun Facts

Guess the Instrument!



While this triangular instrument comes in various sizes and types, a standard concert version has 47 strings and seven pedals. The strings are colored depending on the note they produce.

1. _____

A craftsman who produces this instrument, the highest-pitched instrument in its family, is known as a luthier.

2. _____

The modern version of this instrument was invented around the year 1700 by Bartolomeo Cristofori. Its name stems from the Italian words for "soft-loud."

3. _____

The fretboard is a key feature of this instrument. It typically has six strings, and is classified as a chordophone.

4. _____

This instrument is the largest member of the brass family, and it also produces the lowest notes. Its name comes from the Latin word for "tube."

5. _____

Considered one of the world's oldest types of instruments, it was once used for long-range communication between villages and featured prominently in militaries and ancient ceremonies.

6. _____



Amazing Music Facts

The largest...

The Great Stalacpipe Organ is considered the world's largest musical instrument. It is located underground in a Virginia cave, and it **spans 3.5 acres!**

The first recorded...

The oldest existing example of a recorded song is "**Hurrian Hymn No. 6**" composed on **clay tablets around 1400 B.C.** The tablets were excavated in the 1950s in Syria.

Plant Playlist!

Scientists have found that plants respond to the vibrations of sound. While research is still being done to understand how sound and music affect plants, some music streaming services have launched channels and playlists dedicated to plants!

The oldest...

An ancient flute that is estimated to be **43,000 years old**, known as the **Divje Babe or Neanderthal flute**, is believed by many archaeologists to be the oldest musical instrument in the world. It consists of a bear's bone with four pierced holes, and was discovered in 1995 in a Slovenian cave.

Zoomusicology

Zoomusicology is a field of study dedicated to the sounds non-human animals create and perceive that might be considered music, such as "songs" by birds, whales, wolves or insects.

Answers: 1. Harp 2. Violin 3. Piano (pianoforte) 4. Guitar or Banjo 5. Tuba 6. Drum

Music Class
or Instructor

Musical Instrument
Store





St. Patrick's Day on March 17



Cash In

Your Clovers

Visit each of these advertisers through March 17 to get a stamp, no purchase necessary. Collect stamps from all nine businesses, then email a photo of your completed page to us for a chance to win!



One Lucky Winner
will be awarded a
\$100
Cash Prize

RETAIL STORE ADVERTISER  SAVE \$17 Off Purchase of \$50 or More Now Through March 17, 20XX List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	BAR ADVERTISER  \$2 Green Beer Drafts Domestic Drafts Only March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	LIQUOR STORE ADVERTISER  BOGO 17¢ Select Wine & Spirits Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com
FAST FOOD ADVERTISER  2 for \$5 Corned Beef Tacos Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	SALON ADVERTISER  \$17 Manicure Special Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	COFFEE SHOP ADVERTISER  \$5 Green Peppermint Latte Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com
CAR WASH ADVERTISER  \$17 Deluxe Car Wash Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	RESTAURANT ADVERTISER  \$17 Corned Beef & Cabbage Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com	ICE CREAM ADVERTISER  \$3 Mint Chip Cone, Cup or Milkshake Available March 00-00 List offer details, terms and conditions here. 1234 Washington Street Somersville Heights 000-000-0000 www.namewebsite.com



Contest rules and entry:

Must be 21 year of age or older to enter.
Only entries with a stamp in each business's clover are eligible to win.
All entries must be received by 5 p.m. March 00, 20XX.
Make sure your name and contact information are included on your entry photo.
List contest rules here. List contest rules here. List contest rules here.



Email a photo of your fully stamped page including completed contact information fields below to name@namewebsite.com with subject line "cash in your clovers entry" by 5 p.m. March 00, 20XX!

Name Newspaper CONTESTS

1234 Washington Street
Somersville Heights XY 00000
000.000.0000
www.namewebsite.com

Your Name: _____
Your Street Address: _____
City: _____ State: _____ Zip Code: _____
Your Phone Number: _____
Your Preferred Email Address: _____
☐ I am 21 years of age or older.



In the spirit of St. Patrick's Day, we'd like to wish all of our customers, neighbors and friends a day of fun-filled festivities and luck that lasts all year!

As always, please remember to look out for one another. If you plan to party with drinks, choose a designated driver or make transportation arrangements ahead of time to help ensure everyone on the road makes it home safely!

Sponsor Advertiser

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Leaderboard 728 x 90
Mobile Banner 320 x 50



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Social Media Tiles
Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds

March is also Irish-American Heritage Month!

Use the **Calendar** link under the **Planning** tab
of your **Metro** site to discover more events.





1	2	3	4		5	6	7		8	9	10	11	
12				13		14			15				
16				17		18			19				
20						21			22				
				23		24			25				
26	27	28	29			30							
31						32							
33								34	35	36	37	38	
				39	40	41		42	43				
			44	45				46					
			47				48						
49					50			51		52	53	54	55
56					57			58					
59					60				61				
62					63					64			

1. Unit of dry measure
5. One who defies authority
8. Social media giant
12. Render holy
14. "Much__ about nothing"
15. Computer manufacturer
16. Creed
18. Immoral act
19. Mountain pass
20. Winged nut
21. Don't know when yet
22. Elected officials
23. Corrupt tendencies
26. Popular adult beverage
30. Made a mistake
31. Morally correct
32. Type of whale
33. Portable conical tent
34. Native people of the Congo

1. "___ and flows"
2. Humble request for help
3. A position of leadership
4. Continent
5. Adherent of a particular religion
6. Things that can be eaten
7. Self-governing Netherlands territory
8. Long-tailed crow
9. Repeated
10. Bluish greens
11. Humanities
13. Someone who serves in the
armed forces
17. Labor (Spanish)
24. Zero
25. Shared by involving three parties
26. Queens ballplayer
27. Consumed
28. Rest here please

39. More (Spanish)
42. Classroom implements
44. Cognizant of
46. One who tells
47. Free from bondage
49. Thick piece of something
50. Containing two adjacent nitrogen atoms
51. Removed from the record
56. Legendary singer Turner
57. Broke up the earth
58. Hunting expedition
59. Contributes
60. Unit of work or energy
61. Wreckage on the sea bed
62. Affirmative! (slang)
63. Witness
64. Scrape (Archaic)

29. Men's fashion accessory
35. American time
36. Sound unit
37. They —
38. Soviet Socialist Republic
40. Places to play video games
41. A sudden attack of illness
42. When you hope to arrive
43. Charges
44. Actress Seyfried
45. A tributary of the Ohio River
47. Omit when speaking
48. Armored fish
49. Remain
52. From a distance
53. Adventure story
54. Geological times
55. Eat dinner

1	8							3
		3	6		7			8
	5					7		
7		1			2	3		
			1		9		2	
			4		3		9	
	3				8		6	
5		4	9					

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Solve the code to discover words related to spring cleaning.
Each number corresponds to a letter.
(Hint: 11 = E)

Clue: Storage area

Clue: Make orderly

Clue: Clearing fine particles

Clue: Make thoroughly clean

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Feeling Lucky?

Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

	3		9
19		20	57
	15	14	45
37	36	38	

WHAT'S THE DIFFERENCE?

There are four differences between Picture A and Picture B.



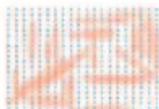
This Day in History

1861: The Kingdom of Italy is proclaimed.

1958: The United States launches the first solar-powered satellite.

1966: Off the coast of Spain in the Mediterranean, a submarine finds a missing American hydrogen bomb.

16	15	14
19	18	20
2	3	4



Answers:
1. Extra light on right 2. Missing mustache
3. Drink is now a milkshake
4. Shamrock on hat

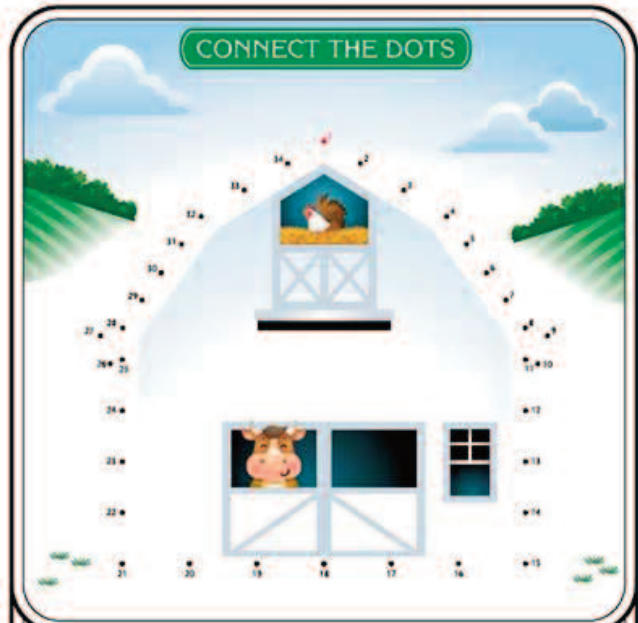
ST. PATRICK'S DAY WORD SEARCH

T A K C T O L I V J L K L J A G G L O N
O D A R E B K K S I U E A N J I G E D U
E A B J B D E D M F O R T U N E U P K E
I O K A B G R G D F P R A H R F C E O F
B J H T F B E G G A E L I C M I I C R E
I J P R I J V V T G C C A E D U G H M I
D N F I P E O H V V A E D C A V A A A H
S S V C V R L T N F C L C G D G M U H C
M R T K P I C G K E U T A L G N F N S S
O H B K O N H D L E I I U T J F A V R I
M S S M V N L E T P M C P M B R J L J M
H K E C C A B N S T H P P U E M N B S S
J C K K R R I J D J N O I T I D A R T I
J U R E A A G G N O M P A R A D E S M M
R L M T S G F O A T S V H B I U K R L S
A E I F M P L L L B N A B E N F U H V J
A O H C R A M D E V R O V B K N E V T L
N R D H S I R I R P J F J H O J P T G J
A S P R G F U H I C D N E G E L U L E R

Find the words hidden vertically, horizontally, diagonally, and backwards.

WORDS

CELEBRATION
CELTIC
CLOVER
EMERALD
ERIN
FORTUNE
GAELIC
GOLD
HARP
IRELAND
IRISH
ISLAND
JIG
LEGEND
LEPRECHAUN
LUCK
MAGIC
MARCH
MISCHIEF
PARADES
PATRICK
SAINT
SHAMROCK
TRADITION





Craft FACT:

This craft involving yarn gets its name from a French term meaning "small hook."

Answer: Crochet

How they say that in...

English: Blanket
Spanish: Manta
Italian: Coperta
French: Couverture
German: Decke

Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

	3		9
19		20	57
	15	14	45
37	36	38	

14	15	16
20	18	19
4	3	2

Solution

Get Scrambled

Unscramble the words to determine the phrase.

BBYA LBKNATE

Answer: Baby blanket

NEW WORD

CHAIN

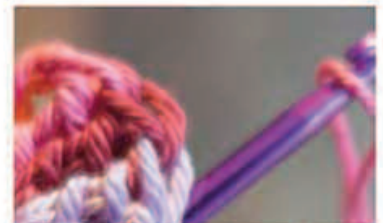
the starting stitches of crochet



In crochet, the thickness of the yarn should coordinate to the gauge of the crochet hook being used.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: Crochet project

THIS DAY IN HISTORY



1766: Antonio de Ulloa, the first Spanish governor of Louisiana, arrives in New Orleans.

1953: Joseph Stalin dies in Moscow.

2021: Pope Francis begins an historical visit to Iraq during the COVID-19 pandemic.

March hosts National Nutrition Month®, International Pancake Day, Meatball Day, National Cocktail Day and National Healthy Fats Day.

Check your Planning & Promotional Calendar, located under the Planning tab at the top of your Metro site, for more food-focused events in March and all year... then search your Metro site for companion images like these!



TAKEOUT & DELIVERY GUIDE



Takeout & Delivery GUIDE



Mastheads - Build themed pages or directory layouts, in print or online



Cover Designs - Create a special section using the coordinated masthead designs above to headline your interior pages



Social Media Tiles - Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds





Special Section Facilitates Farm-Focused Advertising Revenue

A Metro special section template titled Modern Agriculture helped an Iowa newspaper attract advertising from more than 30 local businesses.



Ogden Newspapers of Iowa
Fort Dodge, IA

CREATE:

Modern Agriculture ran as a special section in four Ogden papers, reaching 28 counties in Northwest and North Central Iowa. Marketing Director Leanne Darr says that manufacturing products for or from farmers is the leading industry in their area. The section included features on topics like combatting climate change, farm waste management, regenerative agriculture and food security, as well as 34 ad spots, including full-page sizes.

Leanne Darr

Marketing Director
Fort Dodge Messenger
and Times Republican
515-573-2141
ldarr@messengernews.net



> Check out the Ogden Newspapers' Modern Agriculture section here

SELL:

Selling efforts began about two months ahead of the section's publication date. Sales pitched the opportunity to accounts they felt might have an interest in the theme via phone calls, face-to-face meetings, texts and emails.

\$7,500
in revenue
generated!

PROFIT:

Darr says that section advertising accounts for a significant percentage of their publications' revenue, and the group runs about 120 sections each year between their six papers. Their Modern Agriculture section generated \$7,500 revenue, and they plan to run this successful section again.

>> See Metro's 2026 Themed Special Sections Schedule

>> Read More Success Stories

Did You Know?

Free Custom Content Requests are a benefit of your Metro subscription!

Take a look here at some of the recent requests we've fulfilled for Metro customers:



"We needed a detailed line drawing of an iconic monument in Gloucester, MA. Our in-house artists struggled with how to create the format we needed. However, soon after calling our Metro rep, she worked with their creative team to produce a perfect image on the first try. The quality and quick turnaround time of this custom image was truly amazing."

— Jim Falzone, Regional Publisher,
North of Boston Media Group

Thank you



"This is perfect - definitely what I was envisioning!"

— Vicky Reinhardt, Graphic Designer, Ad-Delite

[>> Click here to make a request](#)

Cottage Season in Canada





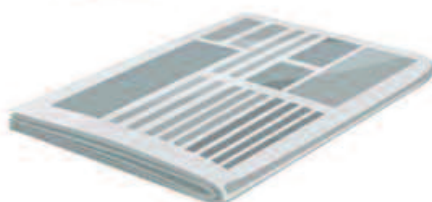
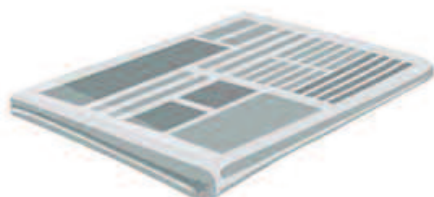
Mastheads – Build themed pages or directory layouts, in print or online



French Headings



Newspaper in Education Week, March 2-6





Real, Trusted
Knowledge

NEWSPAPERS in EDUCATION



Newspapers are living textbooks, sharing important lessons about everything from geography and history to art, politics, business, finance, science and beyond. They also help teach essential reading, writing, critical thinking and life skills, both in and out of the classroom!



What can you do to support newspapers in education?

- Support your local newspaper with a print or online subscription.
- Donate a newspaper subscription to a local school or classroom, or consider making a financial donation to your local newspaper.
- Encourage the kids and teens in your life to read the newspaper.
- Help teens and kids understand the importance of getting their news and information from a standards-based news organization, as well as the importance of supporting and protecting these organizations, to help prevent the spread of misinformation and disinformation.



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Web Ads ★ W

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Leaderboard 728 x 90
Mobile Banner 320 x 50

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in **EDUCATION**

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NEWSPAPER
in **EDUCATION**
WEEK

March 2-6, 2026

Social Media Tiles – Ready-to-post
JPG designs for Facebook or Instagram,
also available as TIF backgrounds

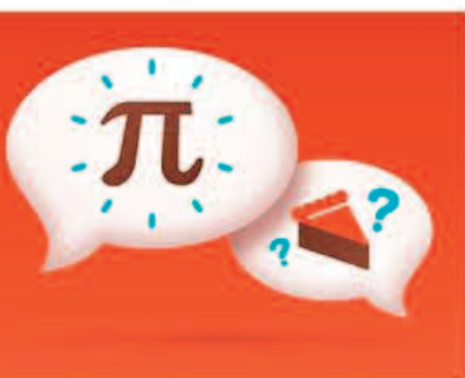
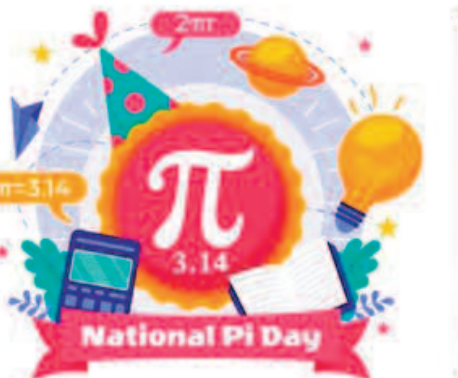
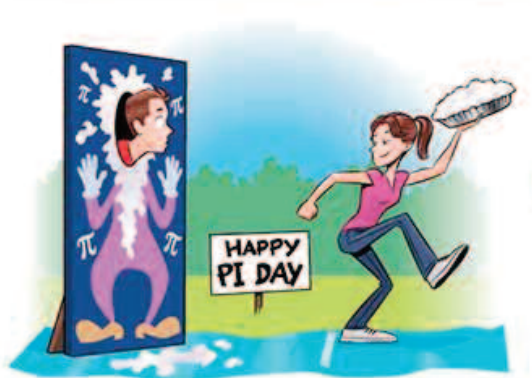
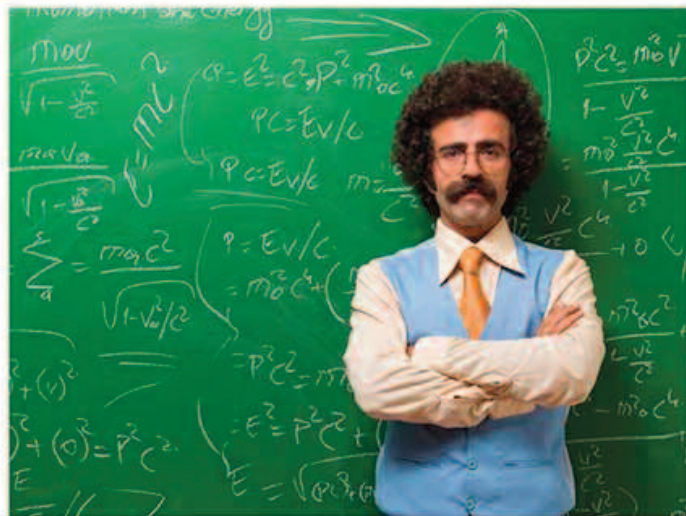
Newspaper in Education Week
Engaging students everywhere!

Newspaper in Education Week
Engaging students everywhere!

Newspaper in Education Week
Engaging students everywhere!

Newspaper in Education Week
Engaging students everywhere!

Pi Day on March 14



Adapt Your Metro Templates for Multiple Advertisers!

This content grouping demonstrates how to make the most of your Metro assets by using alternate image options to adapt a template for virtually any advertiser, or to create a single-advertiser campaign. Remember, your Metro subscription includes unlimited image and template downloads for every member of your team, so the possibilities are endless!



Pi Day DEAL

\$3.14 PIZZA

Buy any large pizza at regular price, get a medium one-topping pizza for just \$3.14! Limit one offer per customer.

Weekday, March 14 Only
Dine-In or Takeout Service

Pizza Restaurant

1234 Washington Street
Somerville Heights
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PASS 6 col x 3



Pi Day DEAL

Free Slice of Pie

With Any Purchase of \$10 or More

Weekday, March 14 Only
Apple, Chocolate or Pumpkin

Coffee Shop Bakery Cafe

1234 Washington Street
Somerville Heights
000-000-0000
www.namewebsite.com

PASS 6 col x 3



Pi Day DEAL

\$14 Dinner Special

Homemade Chicken Pot Pie

Weekday, March 14 Only
Served With Fresh Soup or Salad

Restaurant

1234 Washington Street
Somerville Heights
000-000-0000
www.namewebsite.com

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Pi Day DEAL

\$3.14 PIZZA

Buy One Regular Price, Get One For \$3.14! Limit one offer per customer.

Weekday, March 14 Only

Pizza Restaurant

1234 Washington Street
Somerville Heights

Web Ads
Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50




Pi Day DEAL

Free Slice of Pie

With Any Purchase of \$10 or More

Weekday, March 14 Only

Coffee Shop Bakery Cafe

1234 Washington Street
Somerville Heights



Pi Day DEAL

\$14 Dinner Special

Homemade Chicken Pot Pie

With Soup or Salad

Weekday, March 14 Only

Restaurant

1234 Washington Street
Somerville Heights



Social Media Tiles - Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds

Doctors' Day on March 30



Masthead - Build themed pages or directory layouts, in print or online



THANKS

*to the Dedicated Doctors
Serving our Communities*

In honor of **Doctors' Day**, we'd like to take this opportunity to recognize the hardworking physicians who provide lifesaving care and comfort to our families, friends, neighbors and loved ones. We thank you for your compassion and tireless dedication to healing. It is your expertise that saves lives, but it is your empathy and humanity that makes our community and our world a better place.

Thank you for showing up for all of us. We deeply appreciate your commitment to caring!

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Tab 10 x 13 | Broadsheet 6 col x 21

THANKS

*to the Dedicated Doctors
Serving Our Communities*

*We appreciate
you and your tireless
commitment to caring!*

Name Sponsor
 1234 Washington Street
 Somersville Heights

Web Ads
 Rectangle 250 x 300
 Leaderboard 728 x 90
 Mobile Banner 320 x 50



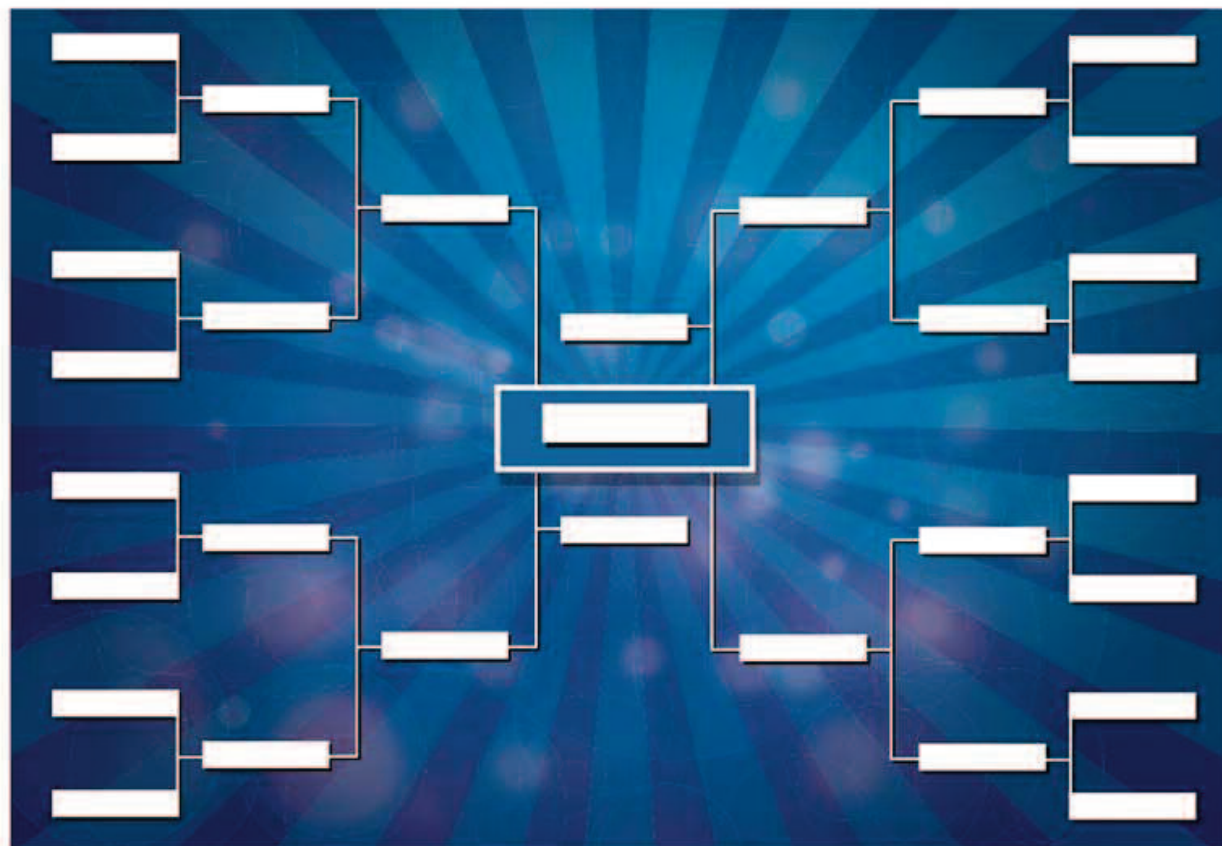
Social Media Tiles - Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds

Int'l Women's Day March 8 | Women's History Month



College Basketball Tournament Time

Please note that the following terms, as well as other lesser-known trademarks related to college sports, are federally registered and owned by the NCAA®: March Madness®, The Big Dance®, Final Four®, Women's Final Four®, Elite Eight®, and The Road to the Final Four®, NCAA Sweet Sixteen®. The NCAA aggressively pursues unauthorized use of its trademarks. A full list of NCAA® trademarks can be found on their website at ncaa.org.





This is your illustration and copy for the first week of March.



“As water reflects the face, so one's life reflects the heart.”
Proverbs 27:19 (NIV)

Assessing Our Character

Self-reflection can often lead us on many paths. We may ponder on matters of our past or perhaps our current situation in life. We may think about the relationships we have or why we have chosen to include those that we have in our lives. Sometimes, it may be helpful to adjust the framing of our self-reflection by looking deeper into ourselves and our identity, and specifically our character. While we may not always focus on it, we know its importance: Do we improve the lives of those around us? Are people comfortable in our presence? Have we treated them with the kindness they deserve? By asking these questions, from time to time, we can maintain a steady approach in assessing our character, ensuring we bring light to others.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the second week of March.



“Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.”
James 1:17 (NIV)

Providence Over Luck

As we celebrate the approaching St. Patrick's Day, we often hear talk about “luck” in the spirit of the holiday. We also may tend to use this term in our daily lives, as we think about how someone is “lucky” to have nice things or a good job. However, a person of faith is likely to find more comfort in the term “Providence.” In considering the implications of this term, we can juxtapose the nature of God's Providence (the intentionality of His acts) with the common understanding of something random such as luck. While we may have experiences in life which feel like “lucky breaks,” we can reflect further, and may find that these were not just accidents, but instead the steady hand of God leading us on a safe path.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the third week of March.



“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”
2 Corinthians 5:17 (NIV)

New Life in a New Season

As we move into the official beginning of Spring, we tend to feel a sense of serenity and renewal. As the days grow longer and the air gets warmer, we can reflect upon the matter of renewal in our own lives. Life can bring about circumstances which feel like a “crossroads” as we seek out a fresh start or a new path to embark upon. While standing at these turning points can feel uncertain, the changing season serves as a reminder that growth is a natural process. Just as the flowers of Spring will not bloom all at once, our own transitions take time and careful attention. As this new season begins, try to find comfort in this fact, no matter how long the winter may have felt, or how uncertain times may feel.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the fourth week of March.



“See, your king comes to you, gentle and riding on a donkey.”
Matthew 21:5 (NIV)

The Choice of Peace

When Christ entered Jerusalem, as we celebrate on Palm Sunday, he was greeted by excited and joyous crowds. A further acknowledgement of the historical circumstances surrounding this event from scripture leads to great reflection on the Gospel. History tells us that as Jesus humbly entered the city from the east on a donkey, the Roman governor Pontius Pilate would have been entering the city from the west alongside an intimidating display of Roman military power (likely including a parade of soldiers clad with iron and war horses). This historical juxtaposition serves as a powerful reminder of Christ's message of peace and how we can apply it in our everyday living. Importantly, we know that Christ entered the city in service to those who worshipped His Father, as a King living among us, leading humanity on the path to salvation. Conversely, Pilate entered the city in service to the Emperor Tiberius, seeking to display the full array of military power which the empire possessed. In our own lives, as we approach a disagreement or rough situation, do we choose to lead a procession of “might,” perhaps one characterized by anger or vitriol? Or, do we choose to approach these matters following the path of humility which Christ showed us how to embark on?

—James Stone

PASS 2 col x 7



Lucky
to be loved
by
GOD

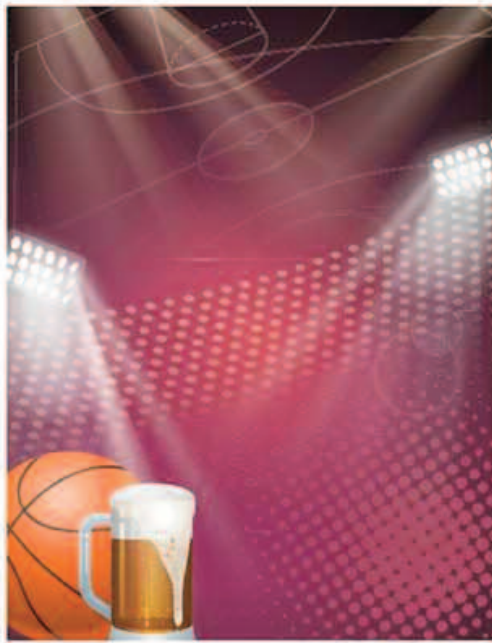
HOLY WEEK
SERVICES

Palm Sunday
March 29, 2026





Tab 10 x 13



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Tab 10 x 13



PASS 6 col x 3



Build themed pages or directory layouts, in



print or online

FARMER AG DAY



SEWING & CRAFTING



ST. PATRICK'S DAY



SPORTS TIME



AGRICULTURE WEEK



Black History Month



Refine your image searches

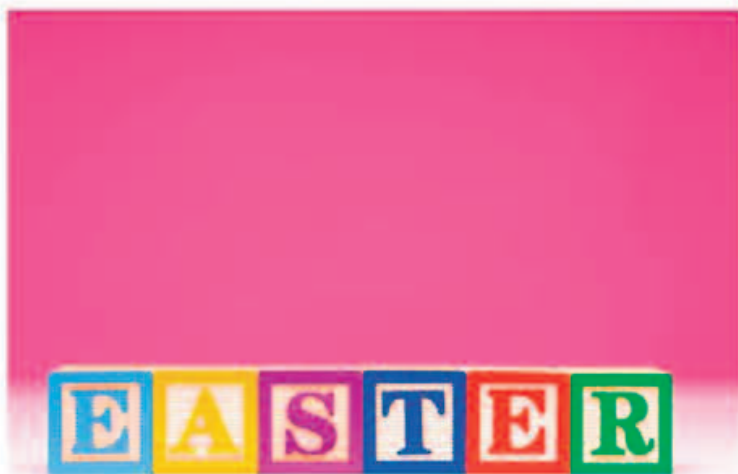
to isolate content like cartoons or headings using the
Image Type and Image Category menu filters on your Metro site!





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Looking for salon spec ads?

Search Spec Ads & Page Templates from the Ads/Templates tab of the mega menu at the top of your Metro site, using keywords like manicure, pedicure or nail salon!



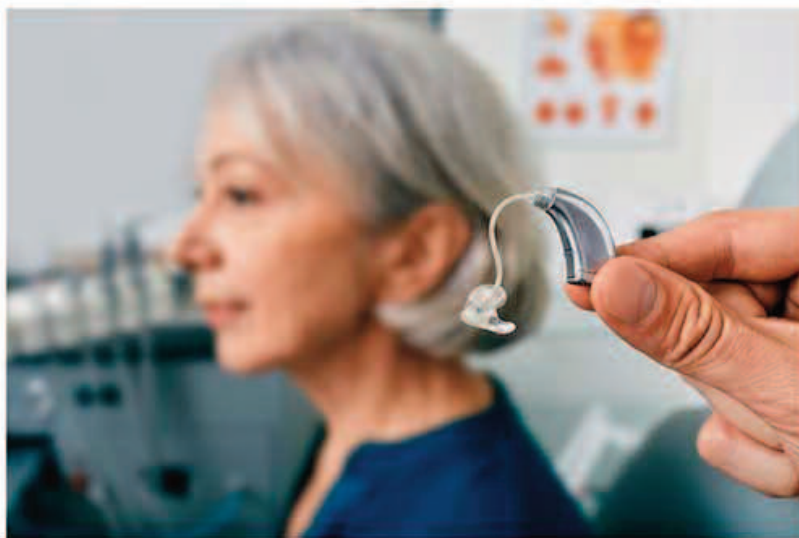
Events like Youth Art Month, Music in Our Schools Month and Irish-American Heritage Month *can be found on your Planning & Promotional Calendar.*

Access the Calendar from the Planning tab of the mega menu at the top of your Metro site.



**65.3% of people
71 years or older
have hearing loss in
the U.S. In Canada,
approximately 60% of
adults have hearing loss.**

Sources: JAMA, Statistics Canada



Promote your paper with images and templates from your Metro site!

Use keywords "subscribe" or "advertise" to locate them, or select the Marketing filters under your Template Type and Image Category menus.



Beautiful cond. 70K orig. mi. \$10,500. More in stock!	\$18,98
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	Roadst
	CD L
	PDL
	\$16.97
	888.80
	Autom
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Hit pause on over scheduling
Getting kids back into free play

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Advertiser Here

Cafe
Advertiser Here

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Advertiser

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How Ag is transforming agriculture

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4 careers in modern agriculture

Sustainability 101
The foundations of sustainable farming

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CSA PROGRAM Advertiser Here

The foundations of sustainable farming

From the soil to the table, sustainable farming is a holistic approach to food production. Here are some tips to help you understand the foundations of sustainable farming.

Waste Management Company
Advertiser Here

Hardy Sto
Advertiser

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When working on a farm, safety is the top priority. Here are some guidelines to help you stay safe.

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Advertiser Ad (12/24/25 print)

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Stay on top of the latest sales and creative features and ideas to help maximize profits
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[Personalize & Send E-Cards](#)
[Search JPOs to Create Your Own Email](#)

Contact a Metro Client Rep

Schedule a quick walkthrough of your Metro services, make a content request or let us help with your questions
[Let's Connect](#)

Succes\$ Stories

A look at moneymaking program ideas from peer publications
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This very special section will celebrate America's past and present, giving local advertisers an opportunity to share their patriotic pride and connect with the community in celebration of this historic anniversary!
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Mobile-responsive digital versions of this ready-to-go section are also available to help you easily take ad sales online! If you are not already a Themed Websites & Directories subscriber, it's time to find out more about these revenue-ready themed websites. [More Information](#)
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