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for June
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& Canada Day, July 4th, America@250, Celebration Season, Dairy Month, Dads and Grads, Food Truck Day and more

[illegible]

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1. Click a topic to jump to that content.
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World Soccer Tournament



Start of Summer



Canada Day



Newspaper Marketing



Party Planning & Entertainment



June Is Dairy Month



Father's Day & Graduation



July 4th Semiquincentennial



Calendar & Community



America's 250th Anniversary

Fishing & Boating Week



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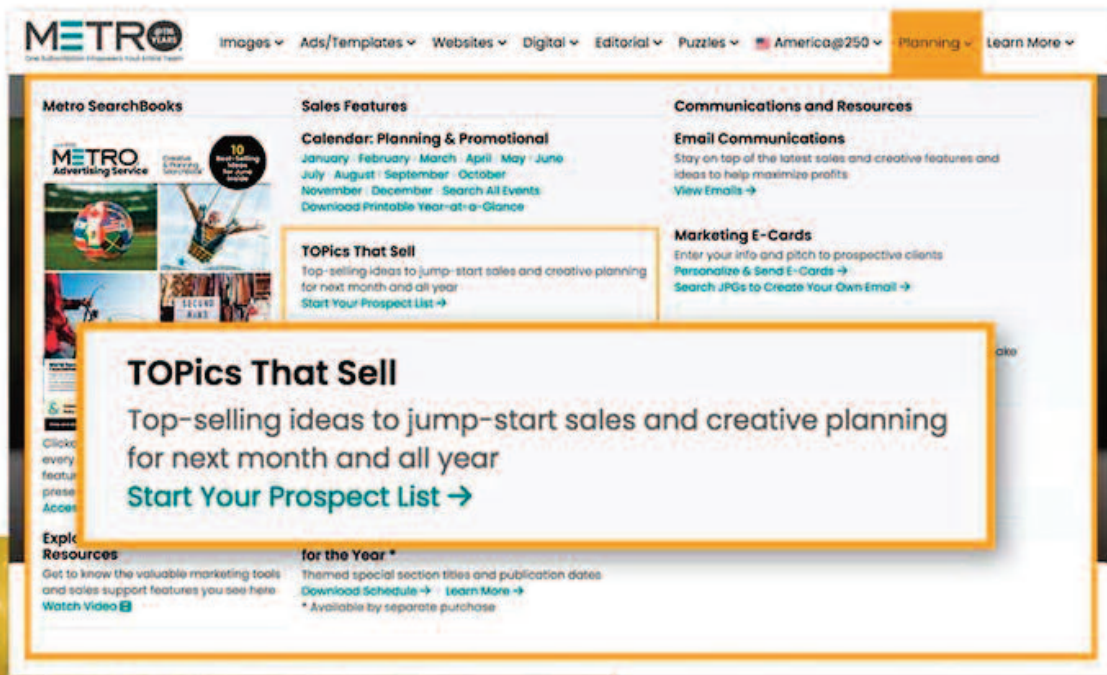
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TOPICS That Sell for June



- Dairy Month
- Father's Day
- Fishing & Boating Week
- World Soccer Tournament
- July 4th / America@250
- Canada Day
- Start of Summer

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- America@250
- Agriculture & Farming
- Auto Dealerships
- Automotive Services
- Coffee
- Community/Neighborhood
- **New:** Customer Appreciation
- Expos & Conventions
- Finance & Banking
- Garage Sales
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- Real Estate
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- Shop Local
- Sports
- Weddings
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June 2026



S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
Flag Day					Juneteenth	
21	22	23	24	25	26	27
Father's Day Summer Begins						
28	29	30				



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NATIONAL
DONUT DAY
JUNE 5, 2026

FATHER'S DAY
SUNDAY, JUNE 21

More on Page 46

First Day
of Summer
June 21, 2026

More on Page 16

National
Flag Day
June 14, 2026

FOOD TRUCK
Day
June 26, 2026

More on Page 32

National
GARDEN
Week June 7-13, 2026

National
Flag Week
June 14-20, 2026

National
Fishing & Boating
Week June 6-14, 2026

More on Page 20

NATIONAL
Men's
Health
WEEK JUNE 15-21, 2026

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As families prepare to honor their dads this year, they can consider a range of places to take Dad out for a special meal.



Tips to strengthen your short game

The following strategies can help novices and experienced golfers shore up their short game.



All eyes on the moon: Understanding the Artemis program

While Artemis II was not a space shuttle the mission generated a great deal of excitement surrounding space exploration.



Celebrate the start of summer

People can commemorate the start of summer in many different ways, including these fun ideas.



The purrfect guide to helping cats adjust to a new home

Understanding the scope of cat ownership and how to help cats adjust to a new home is the key to a new home transition.



Festive locales to celebrate Canada Day

As Canadians prepare to commemorate the creation of Canada, they can look to these locales for some festive celebrations.



Notable men's health issues

Illness can impact men's longevity, and certain health conditions are prevalent among men across the globe.



FIFA World Cup trivia

As fans anxiously await the action, they can test their knowledge of World Cup history with some fun trivia.



Notable World Cup records

Fans may be curious about which countries and players have etched their names in World Cup history since the event began in 1930.



A checklist to help narrow down reception venue options

Here is a checklist of what to consider in a wedding venue.



Should you say, 'I do' to a first look?

Here are some reasons to say, "I do" to this evolving tradition, and some reasons why some couples adhere to the more traditional approach.

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Summer at the Shore

How to make the most of a weekend trip to the shore



Weekend trips to a lakeshore or oceanfront community are a summertime tradition for millions of families. Lasting memories are made by the water each summer, when families descend upon waterfront communities to relax, engage in water sports and soak in all that lakefront and coastal towns have to offer.

The allure of the waterfront makes lakefront and coastal communities the place to be each summer, and that only underscores the need to plan each trip carefully. With that in mind, would-be shore travelers can keep these tips in mind to make the most of their next weekend getaway.

• Identify what you're looking for.

Some people want to escape to a waterfront community in summer to escape the hustle and bustle and relax, while others want to catch some sun and then hit the town at night. Many communities that welcome summer tourists can effectively cater to travelers in both camps, but it's imperative that travelers identify what they want out of a weekend getaway. If it's family-friendly fun and R&R, look for lodging on the quiet side of town or in a community that's not known for nightlife. If you aspire to be close to a beach and all the action at night, then find somewhere within walking distance to the beach but also restaurants and clubs.

• Book early.

Summer hotspots tend to book early, so travelers are urged to secure reservations for lodging and even dining as early as possible. Even if it's just a weekend getaway, it can be hard to find a place to stay close to the water and additional attractions if you wait too long to commit.

• Leave a day early or in the early morning.

The roads leading to coastal and lakefront communities tend to be especially congested on Fridays between Memorial Day and Labor Day. Savvy travelers recognize that leaving on Thursday instead of Friday can help them avoid heavy summertime traffic. If you can't depart on Thursday, then leave early on Friday morning. Arrange for early check-in if possible, or simply visit the beach upon your arrival and check in after some fun in the sun.

• Take it all in.

Coastal and lakefront communities may be known for their waterfront attractions, but many such towns also boast thriving food and cultural scenes. A little pre-trip research can be fun and uncover some hidden gems the locals know about but tourists may be unaware of. Investigate the local food scene but also look for local live music venues or community events that provide a relaxing way to spend your nights after a day at the beach.

Weekend trips to the shore are a staple of summertime for millions of people. A little legwork in advance of a trip can help make such getaways even more memorable for all.

Escape to these coastal locales



There's something special about a coastal locale featuring sandy shores hugging the water, sea breezes and brilliant sunshine. The National Oceanic and Atmospheric Administration's National Ocean Service says the United States features roughly 12,380 miles of coastline and Canada boasts the longest coastline in the world at approximately 125,567 miles (202,080 kilometers). That means North American shore-seekers have plenty of options as they plan their summer vacation excursions or quick day trips.

From rugged Atlantic harbors to sun-soaked Pacific retreats, these destinations can offer memory-making escapes for travelers who just can't get enough small-town appeal and ocean views.

• Carmel-by-the-Sea, California:

As the name implies, this town is right by the ocean. Known for its storybook cottages and white sand beaches, Carmel-by-the-Sea feels like a European village nestled on the Pacific Ocean. Visitors can check out art galleries, dine at local hotspots or take in dramatic views during scenic drives.

• Bar Harbor, Maine:

Bar Harbor is a popular coastal resort town situated on Frenchman Bay, serving as the primary gateway to Acadia National Park. According to VisitBarHarbor.com, the area boasts boutique hotels, personal and cozy B&Bs and woodland camping. This offers the best of both worlds: dramatic coastline and impressive mountain ranges.

• Florida Keys:

The Florida Keys comprise a stunning arch of more than 800 coral cay islands that span 120 miles-plus. The Keys extend southwest from the southern tip of Florida between the Atlantic Ocean and the Gulf of Mexico. Renowned as a premier tropical destination, visitors can stop at any of the keys along the way, from Key Largo as the northernmost spot to Key West as the southernmost city in the continental U.S. From sport fishing to quiet retreats to

vibrant restaurants and party spots, the Keys have it all.

• Gulf Shores, Alabama:

This area is known for its 32 miles of sugar-white sand beaches and a family-friendly atmosphere. Visitors can enjoy exploring the 6,500 acres of Gulf State Park, with miles of hiking and biking. The Wharf at Orange Beach is a nearby entertainment district with a 112-foot Ferris wheel, marina, shopping, and amphitheater for live concerts.

• Astoria, Oregon:

Astoria sits on the Columbia River at the Washington border and is very close to the Pacific Ocean. It is the oldest permanent American settlement west of the Rocky Mountains. Fans of the 1985 film "The Goonies" may remember the movie was filmed in Astoria, so in addition to enjoying the coastal sights and parks, visitors can check out spots featured in the movie, such as Flavel House Museum.

• Tofino, Canada:

Located on Vancouver Island, Tofino is a paradise for outdoor enthusiasts. It is surrounded by rainforest and ocean, and is particularly famous for wildlife viewing, surfing and unspoiled natural areas. TourismTofino.com says Tofino offers the best of Vancouver Island's rugged west coast where people also can enjoy indigenous culture and experiences.

• Myrtle Beach, South Carolina:

Myrtle Beach is known as the "Grand Strand" because it offers 60 miles of continuous coastline with a wide range of vacation options. There's something for families or couples, and individuals can stroll the Myrtle Beach Boardwalk one day and hit nearby links the next.

Coastal cities and towns are all over North America, beckoning visitors throughout the year, but most especially during spring and summer.



When the FIFA World Cup 2026™ begins on June 11, billions of viewers across the globe might be watching. According to the FIFA Annual Report 2025, the international governing body of football (soccer in the United States) estimates that the World Cup could reach a global audience of six billion people across various viewing platforms in 2026. In early 2026, FIFA announced agreements with YouTube and TikTok, which will feature certain parts of the World Cup broadcasts live.



The FIFA World Cup is an international soccer competition held every four years. Commonly referred to as the World Cup, the event attracts fans from all over the globe in a testament to the popularity of soccer (which is called "football" throughout much of the world).

The FIFA World Cup 2026™ begins on June 11 and will be jointly hosted by sixteen cities across the United States, Mexico and Canada. Billions of people across the globe are expected to watch the games in person and/or tune in to see the action on television. As this beloved and highly anticipated global tournament begins, fans

Notable World Cup records

may be curious about which countries and players have etched their names in World Cup history since the event began in 1930.

• Country with the most World Cup titles: Brazil.

The Brazilian team has five World Cup titles to its credit, having won its most recent tournament in 2002.

• Country with the most World Cup Final appearances without a win: The Netherlands.

The Netherlands has played in the World Cup Final three times in 1974, 1978 and 2010, but lost all three games.

• Country with the most World Cup Final losses: Germany.

While the Netherlands has lost three World Cup finals and never won, Germany has lost four such games in the history of the tournament. However, Germany has won the World Cup four times, earning the nation's most recent gold medal in 2014.

• Country with the most medals: Germany.

While Brazil has the most Gold medals, Germany has earned 12 gold, silver and bronze medals in the history of the tournament. Brazil is second with nine total medals.

• Individual with the most World Cup goals: Miroslav Klose, Germany.

The German striker Klose scored his record-breaking sixteenth and final World Cup goal in Germany's 2014 semifinal victory.

• Individual with the most World Cup Final goals: Kylian Mbappé, France.

Mbappé has four World Cup Final goals to his credit, including a 2022 hat trick in which he became the second player in history to score three goals in a single final fixture (Geoff Hurst of the United Kingdom scored three in the 1966 World Cup Final). Mbappé is just 27 years old, so it's possible the young Frenchman adds to his record this summer.

• Individual with the most goals scored in a single tournament: Just Fontaine, France.

The French striker Fontaine was still roughly two months shy of turning 25 when he scored 13 goals across six matches in the 1958 FIFA World Cup.

• Individual with the most all-time World Cup appearances: Lionel Messi, Argentina.

Messi, who is widely regarded as one of the greatest players in the history of the sport, has appeared in 26 World Cup matches throughout his legendary career. At press time, Messi, who will celebrate his 39th birthday roughly two weeks after the 2026 World Cup begins, had not decided if he will play for Argentina this summer.

These are just some of the notable team and individual records fans can ponder as they enjoy what promises to be another thrilling World Cup in the summer of 2026.



What local establishments can do to capitalize on the World Cup

The FIFA World Cup 2026™ is likely to be among the most anticipated sporting events across the globe. The FIFA Annual Report 2025 estimated that the World Cup could reach a global audience of six billion people across various viewing platforms in 2026. It seems much of the world will be tuned in when the world's best players take to the pitch this summer, which means there's lots of ways for restaurants and local bars to capitalize on the quadrennial craze.

The action begins in Mexico on June 11 and culminates with the World Cup Final in New Jersey on July 19. That offers five weeks of opportunities for local businesses to draw record crowds, and a few simple steps can help bar and restaurant owners make their establishments the go-to place to watch all the action unfold.

• **Be sure you have the right broadcast package.** The FIFA World Cup 2026™ will be broadcast on Fox Sports (English) and Telemundo (Spanish) in the United States. In Canada, the action can be seen on TSN and CTV in English and on RDS in French. Establishment owners are urged to review their existing television/streaming packages to confirm they have the necessary channels.

• **Upgrade your customers' viewing experience.** Sports fans have grown accustomed to an ultra high definition viewing experience, and they'll expect the same sharp images they have at home when venturing out to watch the action this summer. Establishment owners can set themselves apart from the competition by upgrading their televisions and sound systems to reflect the latest advancements.

• **Make an effort to entice walk-ins.** If an establishment is in a busy area where restaurants and bars will compete for customers, then a little effort to entice walk-in customers can go a long way toward generating revenue. Hang some outward-facing televisions so they're facing the sidewalk where foot traffic might be heavy.

• **Offer an outdoor viewing experience.** If possible, spruce up your outdoor seating areas and hang an extra television or two. The World Cup plays out over a five-week span between June and July, a period typically marked by beautiful weather. A comfortable, well-equipped outdoor viewing area can set a bar or restaurant apart from the competition.

• **Know your audience.** Establishment owners who operate in neighborhoods with significant ethnic populations can cater to those fans when the nations they support are competing on the pitch. Offer specialized game day menus featuring ethnic food. For example, if a bar is located in a neighborhood where many people trace their ancestry to Germany, then offer popular German foods and beverages when Germany is playing. This approach can be applied to any country and fan base.

• **Promote your offerings.** Advertise your offerings in the weeks leading up to the World Cup and throughout the five-week competition. Add an insert to menus listing what you'll be doing, and market those offerings on popular social media platforms as well.

The World Cup is a global phenomenon and a great way for local businesses to generate revenue.

Players to watch at the 2026 FIFA World Cup

The FIFA World Cup 2026™ will attract fans from all over the globe when the competition kicks off on June 11. Sixteen cities across Canada, Mexico and the United States will welcome players and fans for the truly global sporting event this June.

The action is always unpredictable at the World Cup, but one thing fans can count on is an opportunity to see the world's best players compete at a high level. When the games begin this June, these are some of the more notable players fans will have their eyes on.

• **Kylian Mbappé, France:** As the careers of Lionel Messi and Cristiano Ronaldo wind down, Mbappé, the 27-year-old forward and French captain, might be the heir apparent as the face of global soccer. Mbappé already has made history in the World Cup,

scoring three goals in the 2022 FIFA World Cup Final, a feat that had not been accomplished since 1966. Despite his heroics, Mbappé and his fellow Frenchmen lost the final to Messi and Argentina in 2022, and they will surely be looking to rebound from that loss this summer.

• **Lautaro Martínez, Argentina:** Speaking of heir apparents, Martínez might just be the man to fill that role for defending World Cup champions Argentina, who at press time were still unsure if Messi was going to suit up this summer. While there's no filling Messi's shoes, the 28-year-old Martínez is more than capable of making his mark. Indeed, Martínez scored the lone goal, an extra-time game winner, in the 2024 Copa América Final, seemingly setting the stage for more heroics this summer.

• **Pedro González López, Spain:** Known simply as "Pedri," this 23-year-old Spanish midfielder seems poised to bolster his already impressive reputation among soccer fans this summer in North America. Known for his creativity on the pitch, Pedri's dribbling and passing and undeniable talent at making plays could make him the breakout star at this summer's World Cup.

• **Vinicius Júnior, Brazil:** No country has won more World Cup titles than Brazil, and if the Brazilians are to add a sixth trophy to their credit this summer, then the man some refer to as "Vini Jr." figures to be in the thick of things. Vinicius will turn 26 on July 12, and the Brazilian forward undoubtedly hopes to make this year's birthday celebration one he remembers for coinciding with Brazil's run to



another World Cup Final. The lightning-quick Vinicius is among the most exciting players in the world, and his dribbling is sure to make fans marvel.

• **Alphonso Davies, Canada:** The multi-talented 25-year-old Davies captains the Canadian squad and has become the face of the sport in Canada. Explosiveness characterizes Davies' game, which opened eyes during the FIFA World Cup in Qatar in 2022. A left-back, winger and wing-back, Davies' pace is hard to match, and his dribbling and playmaking ability is sure to inspire host-nation fans across Canada this summer.

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DID YOU KNOW?

Many cities around the world are known for being wedding hot spots. But no city is more popular for getting hitched than Las Vegas, Nevada.

Business Insider reports that Las Vegas hosted more than 75,000 marriage ceremonies in 2024.

So many people get married in Las Vegas that the city has been deemed "The Marriage Capital of the World." Las Vegas is renowned for the volume of its wedding chapels and its easy licensing process, which facilitates spontaneous weddings.

Did You Know?

Data from Zola and The Knot says the average wedding guest list typically ranges from 100 to 150 guests.

But recently that number has hovered between 105 and 117 guests. The number of people who will be invited to a wedding will vary based on budget, location and wedding type. Anything between 75 and 150 guests is considered standard. Today's Bride says numbers are similar in Canada, with the average size of a Canadian wedding guest list coming in at around 135 people.



Did you know?

A round of mini golf might be able to help novice golfers young and old fine-tune some important skills.

Mini golf is understandably characterized as a family-friendly recreational activity. But a round of mini golf might be able to help novice golfers young and old fine-tune some important skills that can be applied on traditional courses. While a round of mini golf won't help golfers sharpen their long games and add distance to their drives, it might help them bolster their short games. Mini golf courses can help golfers learn to analyze the slope and speed of a green and can help them work on their grip and touch, both of which are very important for players' short games. Mini golf also might help golfers learn to work around obstacles. While golfers are unlikely to encounter any clowns or windmills on a traditional course, learning to strategize when confronting such obstacles on a mini golf course may teach novice golfers the importance of playing patiently and strategizing when confronting obstacles like trees and bunkers at their local courses.



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Did you know?

Increasing time spent outdoors enjoying nature can positively affect mood and mental health. Generally speaking, outdoor enthusiasts tend to be happier overall.



The American Psychological Association says spending time in nature is linked to both cognitive benefits and improvements in mood, mental health and emotional well-being. Both green spaces and blue (aquatic) spaces benefit overall well-being. Several years ago, the University of Derby in the United Kingdom conducted a study titled, "The 30 Days Wild." The study encouraged people to do something wild once a day for 30 days. Participants shared that their connection to nature and doing things in nature created a significant increase in happiness and health. People who spend more time outside can experience greater self-esteem, less stress, increased memory retention, and more positive body image. Natural environments also lower activity in the rumination area of the brain, decreasing negative, repetitive thoughts. Also, those who are outside more tend to be engaging in physical activities, and exercise directly correlates to better mental health.



Did you know?

Americans will celebrate the 250th anniversary of the United States in July 2026, and the word "semiquincentennial" may come up in conversation during those celebrations.

Some people may not be familiar with the term and what it means. A semiquincentennial is the 250th anniversary of something. It breaks down to "half" of a "quincentennial," which is 500 years. Synonyms may include sestercentennial, bisequincentennial or quartermillennial. Each term refers to a period of 250 years. It's a rather large word for a simple meaning, but people are bound to hear more of it as 2026 goes on and Independence Day is celebrated on July 4.

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Lesser known Founding Fathers of the United States



• William Livingston:

Born in Albany, New York, in 1723, William Livingston was a prominent attorney prior to the outbreak of the American Revolutionary War. The Historical Society of the New York Courts notes Livingston moved to Elizabethtown, New Jersey, in 1772. Within two years of that move, Livingston became New Jersey's representative to the Continental Congress. By June 1776, Livingston was appointed brigadier general of the New Jersey militia, a position he held until 1777, when he became the Governor of New Jersey. Livingston was a target of British forces, who offered a reward for his capture. But Livingston remained Governor of New Jersey until his death in 1790, and even served as the New Jersey delegate to the Constitutional Convention in 1787, when he signed the United States Constitution adopted at that convention.

notably dragged through the streets by angry rioters. By the mid-1770s, Hooper had changed course, and was even among the three delegates chosen to represent North Carolina at the First Continental Congress in 1774. Prior to that conference, Hooper wrote to a friend that the colonies were destined to win independence from the Crown, an assertion that ultimately earned him the nickname the "Prophet of Independence." Hooper signed the Declaration of Independence but illness forced him to retire from politics. He continued to support the war effort, donating much of his legal earnings to the colonists' cause, and was so revered by the British that his home was burned down when Wilmington was taken by Crown forces in 1781.

• John Witherspoon:

John Witherspoon was born in Scotland in 1723 and moved to what would become the United States in 1768. Witherspoon is unique among signatories of the Declaration of Independence because he is the only active clergyman and the only college president to sign the document. Witherspoon later signed the Articles of Confederation and supported the ratification of the Constitution. Witherspoon came to New Jersey to become president of the College of New Jersey (now Princeton University), which educated many notable figures from the era, including James Madison and Aaron Burr. All told, 12 members of the Continental Congress studied

at the school while Witherspoon was president. The Presbyterian Witherspoon supported colonial independence for various reasons, and was especially opposed to the Crown's attempt to appoint an American Anglican bishop, speaking out against British interference in colonial affairs in a sermon titled "The Dominion of Providence Over the Passions of Men" during a 1776 sermon. Like Hooper, Witherspoon was convinced independence was the path forward for the colonies.

• Roger Sherman:

Born in Newton, Massachusetts, in 1721, Roger Sherman was a multi-talented Founding Father who began to study law in the mid-1750s after working as an author, general store owner, and surveyor, among other jobs. By 1766, Sherman was so established in the legal profession that he was appointed a judge of the Superior Court of Connecticut. Though he initially expressed reservations regarding colonists' resistance to the Crown, by 1774 he agreed to serve as a Connecticut delegate to the First Continental Congress. Sherman joined the committee to draft the Declaration of Independence in mid-1776, and later represented Connecticut on the drafting committee of the Articles of Confederation. Sherman also holds the unique distinction of being the only person to sign the Declaration of Independence, the Articles of Confederation and the Constitution.

• William Hooper:

William Hooper was born Boston in 1762, but he made his name as a Founding Father after relocating to Wilmington, North Carolina, as a young adult. The National Constitution Center notes Hooper, like Livingston, was a successful attorney. Hooper was appointed Deputy Attorney General of the North Carolina colony in 1770, and even supported the Royal Governor's efforts to suppress a taxation-related rebellion of North Carolina farmers during this pivotal period, when he was

America's semiquincentennial is a great time to celebrate all who have helped make the country into what it is today, and that includes some of the Founding Fathers who have not become household names over the last 250 years.

Presidential Films and Shows ZIG ZAG FIND



The letters of the movies or TV shows with an American presidential theme are hidden below. They are connected by lines on the black, right or left, but not diagonally. Find them all.

E	M	I	C	T	H	L	Z	F	R	O	U	N	S	P	K
A	M	Y	I	U	A	O	T	H	U	N	P	T	S	A	M
M	E	C	N	Q	A	S	L	T	E	L	O	R	G	F	T
O	G	L	J	N	A	B	W	S	P	N	C	O	E	R	T
N	H	P	O	A	M	D	E	S	I	L	A	S	X	V	
E	O	Q	H	D	S	S	M	O	H	D	V	B	N	M	Z
G	S	U	J	E	O	K	Y	T	R	R	B	F	E	O	X
T	P	T	L	R	N	M	P	H	A	O	M	O	O	N	D
R	N	H	F	G	O	T	L	E	W	O	M	N	M	M	G
X	T	H	E	S	I	N	L	K	J	H	G	F	D	S	A
F	R	E	W	T	W	Q	W	E	R	T	Y	O	C	V	
E	H	R	Z	X	C	C	V	B	B	M	N	W	X	M	R
D	N	E	M	E	E	R	T	O	A	P	E	H	T	O	N
N	O	M	F	T	H	G	H	T	R	I	D	T	O	O	
S	R	O	L	O	C	Y	R	A	K	O	P	L	O	F	W
I	Z	S	A	S	E	X	O	M	I	R	P	R	T	K	

"JOHN ADAMS"
"LINCOLN"
"THE WEST WING"
"THE PATRIOT"
"PRIMARY COLORS"

Sponsor Name

1234 Washington Street | Somerville Heights
000-000-0000 | www.sponsorname.com

PASS 3 col x 7.5"



Presidential Films and Shows ZIG ZAG FIND



The letters of the movies or TV shows with an American presidential theme are hidden below. They are connected by lines on the black, right or left, but not diagonally. Find them all.

E	M	I	C	T	H	L	Z	F	R	O	U	N	S	P	K
A	M	Y	I	U	A	O	T	H	U	N	P	T	S	A	M
M	E	C	N	Q	A	S	L	T	E	L	O	R	G	F	T
O	G	L	J	N	A	B	W	S	P	N	C	O	E	R	T
N	H	P	O	A	M	D	E	S	I	L	A	S	X	V	
E	O	Q	H	D	S	S	M	O	H	D	V	B	N	M	Z
G	S	U	J	E	O	K	Y	T	R	R	B	F	E	O	X
T	P	T	L	R	N	M	P	H	A	O	M	O	O	N	D
R	N	H	F	G	O	T	L	E	W	O	M	N	M	M	G
X	T	H	E	S	I	N	L	K	J	H	G	F	D	S	A
F	R	E	W	T	W	Q	W	E	R	T	Y	O	C	V	
E	H	R	Z	X	C	C	V	B	B	M	N	W	X	M	R
D	N	E	M	E	E	R	T	O	A	P	E	H	T	O	N
N	O	M	F	T	H	G	H	T	R	I	D	T	O	O	
S	R	O	L	O	C	Y	R	A	K	O	P	L	O	F	W
I	Z	S	A	S	E	X	O	M	I	R	P	R	T	K	

The letters of the movies or TV shows with an American presidential theme are hidden below. They are connected by lines on the black, right or left, but not diagonally. Find them all.

"JOHN ADAMS"
"LINCOLN"
"THE WEST WING"
"THE PATRIOT"
"PRIMARY COLORS"



See how many patriotic words you can form. All of the words should contain the letter in the center circle.

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Two fully templated special sections
AVAILABLE TO DOWNLOAD NOW:
America@250, Only \$95
NEW America@250 for Kids
Limited-Time \$25 Add-On Rate
when bundled with **America@250**

For details, email
service@metro-email.com
or call us at 800.223.1600.

Sponsor Ad



2026 World Soccer Tournament

WATCH 2026 SOCCER

Catch the action, feel the excitement and cheer on your team at these fan-favorite soccer bars and local watch parties!

This Week's Match Schedule

Monday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Tuesday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Wednesday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Thursday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Friday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Saturday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

Sunday, June 00
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location
Country Team vs. Country Team
00:00 x.x. at Stadium Location

World Soccer Tournament 2026



Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials

Bar/Restaurant
Watch Party
Specials



Please Note: World Cup™, FIFA World Cup™ and other word marks, slogans and logos are owned and protected by FIFA®. For more information, refer to FIFA's Intellectual Property Guidelines from their website at fifa.com.

Your Watch Spot

Open early

for every tournament match!




Game Schedule & Opening Hours



Fill your cup with \$5 craft draft and drink deals!

Breakfast burritos & sandwiches!

Sports Bar

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com



PASS 2 col x 5

Watch Party



Catch all the excitement of the tournament final here!

Sunday, July 19

GET HERE EARLY!
Doors open at 11 a.m.
Match Time: 3 p.m.
After-Party Until 11 p.m.

\$25
Brand Beer Buckets



Sports Bar

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com



PASS 2 col x 5

Your Official Fan Shop for World Soccer Kits and Jerseys

Fan Out

Enjoy the tournament, and gear up for every game with us!

- footwear
- apparel
- equipment
- teamwear
- customization

Sporting Goods Store

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com




PASS 3 col x 3

Your Official Fan Shop for World Soccer Kits and Jerseys

Fan Out

Enjoy the tournament, and gear up for every game with us!

footwear • apparel • equipment • teamwear • customization

Sporting Goods Store
1234 Washington Street | Somersville Heights

Your Watch Spot

Open early

for every tournament match!

Fill your cup with \$5 craft draft and drink deals!

Breakfast burritos & sandwiches!

Sports Bar
1234 Washington Street | Somersville Heights

Watch Party

Sunday, July 19

\$25
Brand Beer Buckets

GET HERE EARLY!
Doors open at 11 a.m.
Match Time: 3 p.m.
After-Party Until 11 p.m.

Sports Bar
1234 Washington Street | Somersville Heights

SOCCER

2026




Social Media Tiles -
Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds

Web Ads  
Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50



World Soccer Tournament 2026



Summer Fun!

Create seasonal directories or pages for local retail, activity and event advertisers.

Soak Up the FUN!

Our summertime roundup
of super-fun facts, shopping
and cool stuff to do



Remember to Stay Safe!

- Drink plenty of water to stay hydrated.
- Protect your skin with a broad-spectrum sunscreen with minimum SPF 30.
- Never swim alone, always supervise kids around water, and follow posted safety signs at pools and beaches!



Heaviest Watermelon

350.5 lb (159 kg)
Tennessee, USA
October 4, 2013
According to Guinness World Records

Tallest Ice Cream Cone

10ft 1.26 in (3.08 m)
Kristiansand, Norway
July 26, 2015
According to Guinness World Records



76 Hot Dogs in 10 Minutes

**Nathan's Hot Dog
Eating Contest Record**
New York, USA
July 4, 2021



Largest Wave Surfed

86 ft (26.21 m)
Nazaré, Portugal
October 29, 2020
According to Guinness
World Records



Longest Tube/Mat Waterslide

3,645 ft (1111 m)
Penang, Malaysia
Verified September 6, 2019 by
Guinness World Records



Largest Sandcastle

69 ft 5 in (21.16 m)
Blokhus, Denmark
July 2, 2021
According to Guinness
World Records



Tallest Roller Coaster Falcon's Flight

Six Flags Qiddiya City,
Saudi Arabia
Opened
December 31, 2025



Amusement
Park

Deli Sandwiches
To Go

Outdoor
Restaurant

Outdoor Dining *Guide*



SUN'S OUT



FUN'S OUT!

Mastheads - Build themed pages or directory layouts, in print or online

Summer Fun Is In Full Swing

Boardwalk games & prizes
Coasters & kiddie rides
Ice cream & snacks
Pizza & restaurants
Air-conditioned arcades



Wristband Wednesdays

Unlimited
Rides 4-8 p.m.

Only \$35

List exclusions or details here.

Open Late All Summer

Amusement Park

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com

Web Ads

Rectangle 250 x 300

Leaderboard 728 x 90

Mobile Banner 320 x 50



Summer Fun
Is In Full Swing

Wristband Wednesdays

Unlimited Rides
4-8 p.m. Only **\$35** [Get Tickets >](#)

**Amusement
Park**

1234 Washington Street | Somersville Heights

PASS 3 col x 4 

Beach Gear & Souvenirs

Your one-stop shop for coastal
treasures and vacation essentials!

- seashells & souvenirs
- shell jewelry & accessories
- beach chairs & umbrellas
- hats & sunglasses
- snacks & cold drinks

Pre-Loved
Beach Reads
2 for \$5

Open 7 Days All Season

Variety Store

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com



Beach Gear & Souvenirs

Your one-stop shop for
coastal treasures and
vacation essentials!

Open 7 Days All Season

Variety Store

1234 Washington Street
Somerville Heights



PASS 3 col x 4 

summer
Vibes

OPEN
for
summer





Fishing & Boating Week June 6-14

Wishing All the Anglers a
Great Season!

Hooked on fishing?

Enjoy the season and help protect this pastime for future generations with these safety and conservation tips from the U.S. Fish & Wildlife Service:

Protect Yourself:

- Always fish with a buddy who can call for or provide help in the event of an emergency.
- Exercise caution when handling sharp hooks.
- Don't cast near other people, and always check your surroundings before casting.
- Wear a Coast Guard-approved personal flotation device or life vest when wading or in a boat.

Protect Water & Wildlife:

- Always carry out what you brought in, and dispose of your trash responsibly. Never leave behind plastic containers or packaging.
- Pick up and recycle fishing line, so it doesn't endanger birds and other wildlife.
- Never move fish or plants from one water body to another, and never release unused live bait into the water. This helps protect water from invasive species.



Fish, kayak, boat, float and gear up for a great day on the water!

rods & reels • bait & tackle • kayaks & inflatables • marine & boat supplies • water safety

In-Store Services:

- Live bait shop
- Rod & reel repair
- Charter boat reservations
- Fishing licenses

Sporting Goods & Outdoors Store

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com

PASS 6 col x 10 • Sponsor Ad: PASS 6 col x 3



**Gear up for
a great day
on the water!**

- rods & reels • bait & tackle
- kayaks & inflatables
- marine & boat supplies
- water safety

[Reserve Rentals >](#)

**Sporting Goods
& Outdoors Store**
1234 Washington Street | Somersville Heights

Web Ads  
Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50



**Gear up for a great
day on the water!**

[Reserve Rentals >](#)

**Sporting Goods
& Outdoors Store**



**Gear up for
a great day
on the water!**

- rods & reels • bait & tackle
- kayaks & inflatables
- marine & boat supplies
- water safety

[Reserve Rentals >](#)

**Sporting Goods
& Outdoors Store**
1234 Washington Street | Somersville Heights

Waterfront Dining

Boat Dockage, Storage & Services

Mastheads – Build themed pages or directory layouts, in print or online



5 Fishing Fun Facts

Enjoy these reel-y amazing facts about fish from the U.S. National Oceanic and Atmospheric Administration (NOAA)!

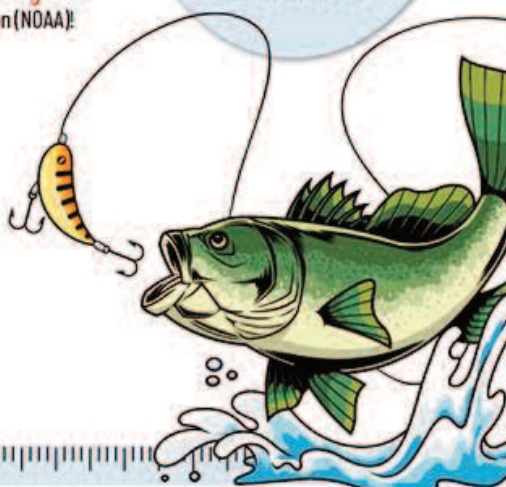
1 While the number of existing fish species is commonly estimated to be 20,000, NOAA reports there may be as many as **20,000 MORE!**

2 Fish life spans vary by species. The orange roughy lives more than **100 YEARS!**

4 The world's smallest fish is the tiny goby, which rarely grows longer than half an inch.
— 1/2 inch —

3 Scientists measure a fish's age by counting the growth rings known as otoliths on its scales or ear bones. These rings mark seasonal changes in fish growth, similar to the annual rings in tree trunks.

5 The largest fish in the world is the whale shark. It can grow to be more than 50 feet long and may weigh several tons.




Dock, Dine & Hang Out... We're More Than Just a Marina!



- Boat Docking & Storage
- Repair & Maintenance Services
- Fuel Dock • Bait & Tackle Shop
- Bar & Restaurant • Market & Deli
- Game Room Arcade

Slips Open for Summer!
Call or contact us online for seasonal rates and details.

Marina & Restaurant
1234 Washington Street
Somerville Heights
000-000-0000
www.namewebsite.com

PASS 6 col x 10 • Sponsor Ad: PASS 6 col x 3

Dock, Dine & Hang Out... We're More Than Just a Marina!



- Boat Docking & Storage
- Fuel Dock • Bait & Tackle Shop
- Bar & Restaurant • Market & Deli
- Game Room Arcade

Slips Open for Summer!

Marina & Restaurant
1234 Washington Street | Somerville Heights

Web Ads
Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50



Dock, Dine & Hang Out... We're More Than Just a Marina!

Marina & Restaurant



Dock, Dine & Hang Out... We're More Than Just a Marina!

- Boat Docking & Storage • Bait & Tackle Shop
- Bar & Restaurant • Market & Deli • Game Room Arcade

Slips Open for Summer!

Marina & Restaurant
1234 Washington Street
Somerville Heights





A Surge in Secondhand Shopping: Secondhand spending grew nearly four times faster than the broader retail clothing market in 2025, according to ThredUp's 2026 Resale Report conducted by GlobalData.

Secondhand Shopper's Guide

Your local guide to garage sales and resale shopping



5 Great Reasons to Shop Secondhand

Save money:

You can often find like-new or gently used resale items for a fraction of the retail price.

Reduce waste:

Secondhand shopping keeps items out of our landfills.

Help the environment:

Buying used items helps reduce the pollution and water waste that come from manufacturing new clothes and other products.

Benefit the community:

The proceeds from many thrift shops benefit community causes, while consignment shops and garage sales offer local sellers a way to earn some extra income.

Find unique items:

Exploring resale shops and garage sales can connect you with one-of-a-kind finds you just won't see anywhere else!

WE ASKED OUR READERS:

What do you look for at garage sales or thrift shops?



Name Reader
occupation or town

"I shop for kids' clothing. My kids outgrow their clothes quickly, and I often find like-new items for a lot less."



Name Reader
occupation or town

"I keep an eye out for vintage jewelry and other accessories like belts or handbags."



Name Reader
occupation or town

"I look for home improvement items like tools and paint or even electrical cords or adapters."



Name Reader
occupation or town

"I'm always on the lookout for furniture and other items I can repurpose or restore."

Upcoming Sales THIS WEEKEND



Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
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00 a.m.-00 p.m.

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Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

Weekday, Month 00
00 a.m.-00 p.m.

1234 Washington Street
Somerville Heights
Description of garage sale merchandise. Description of garage sale merchandise. Description of garage sale merchandise.

To advertise your garage sale or business here, call 000.000.0000 or email name@namenewspaper.com!

Thrifty Thrills

for Budget-Savvy Shoppers



Gently Worn Clothing & Shoes • Quality Cookware & Housewares • Unique Home Decor • Jewelry & Accessories • Vintage & Antique Finds

Huge Selection of Kidswear

Twofer Tuesdays
Buy One Item, Save 50% Off
a second item of equal or lesser value
List details and conditions here.

Thrift Shop

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com



PASS 2 col x 5



ONE-OF-A-KIND

ANTIQUE & VINTAGE FINDS

- ANTIQUE FURNITURE
- VINTAGE CLOTHING
- ESTATE JEWELRY
- KITCHEN & HOME
- TOYS & COLLECTIBLES

We buy antiques and vintage!

Call or contact us online to arrange an appointment.

Connect with our socials for new merch updates!

Open Wednesday-Saturday 10-7, Sunday 10-5

Antiques Shop

1234 Washington Street | Somersville Heights
000-000-0000 | www.namewebsite.com

PASS 2 col x 5

Web Ads

Rectangle 250 x 300
Leaderboard 728 x 90
Mobile Banner 320 x 50

Thrifty Thrills

for Budget-Savvy Shoppers



Fashion • Home
Vintage • Kidswear

BOGO 50% Off Every Tuesday

Thrift Shop

1234 Washington Street
Somerville Heights



Thrifty Thrills

for Budget-Savvy Shoppers



Fashion • Home
Vintage • Kidswear

BOGO 50% Off Every Tuesday

Thrift Shop

1234 Washington Street
Somerville Heights



ONE-OF-A-KIND

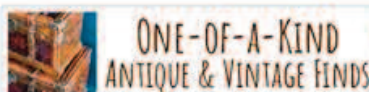
ANTIQUE & VINTAGE FINDS

- ANTIQUE FURNITURE • VINTAGE CLOTHING • ESTATE JEWELRY
- KITCHEN & HOME • TOYS & COLLECTIBLES

Open Wed-Sat 10-7, Sun 10-5

Antiques Shop

1234 Washington Street
Somerville Heights



- ANTIQUE FURNITURE
- VINTAGE CLOTHING
- ESTATE JEWELRY
- KITCHEN & HOME
- TOYS & COLLECTIBLES

Open
Wed-Sat 10-7
Sun 10-5

Antiques Shop

1234 Washington Street
Somerville Heights





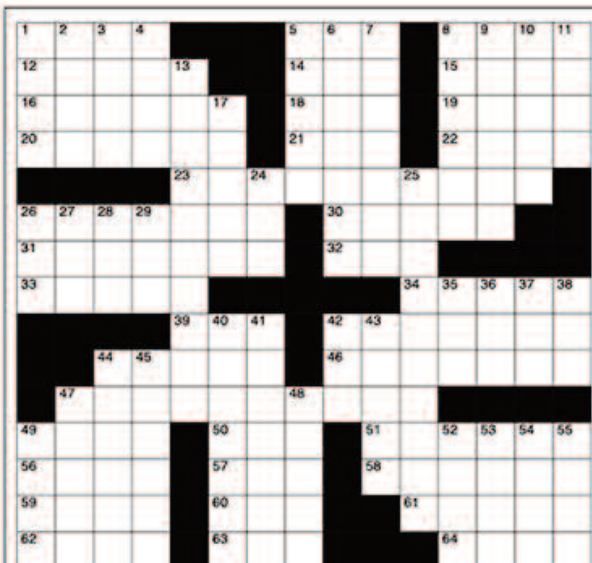
Shop Vintage

SWAP 
 **MEET**

 **Clothing** *Swap*

Weekly games & puzzles to keep your readers focused on the page!

Included in your subscription! Download them from the **Puzzles** tab on the mega menu at the top of your Metro site.



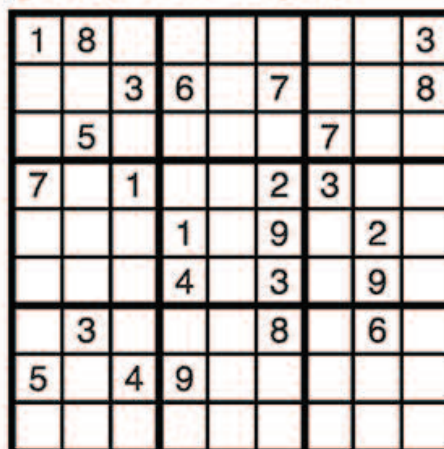
CLUES ACROSS

1. Unit of dry measure
5. One who defies authority
8. Social media giant
12. Render holy
14. "Much ___ about nothing"
15. Computer manufacturer
16. Creed
18. Immoral act
19. Mountain pass
20. Winged nut
21. Don't know when yet
22. Elected officials
23. Corrupt tendencies
26. Popular adult beverage
30. Made a mistake
31. Morally correct
32. Type of whale
33. Portable conical tent
34. Native people of the Congo
39. More (Spanish)
42. Classroom implements
44. Cognizant of
46. One who tells
47. Free from bondage
49. Thick piece of something
50. Containing two adjacent nitrogen atoms
51. Removed from the record
56. Legendary singer Turner
57. Broke up the earth
58. Hunting expedition
59. Contributes
60. Unit of work or energy
61. Wreckage on the sea bed
62. Affirmative! (slang)
63. Witness
64. Scrape (Archaic)

CLUES DOWN

1. "___ and flows"
2. Humble request for help
3. A position of leadership
4. Continent
5. Adherent of a particular religion
6. Things that can be eaten
7. Self-governing Netherlands territory
8. Long-tailed crow
9. Repeated
10. Bluish greens
11. Humanities
13. Someone who serves in the armed forces
17. Labor (Spanish)
24. Zero
25. Shared by involving three parties
26. Queens ballplayer
27. Consumed
28. Rest here please
29. Men's fashion accessory
35. American time
36. Sound unit
37. They ___
38. Soviet Socialist Republic
40. Places to play video games
41. A sudden attack of illness
42. When you hope to arrive
43. Charges
44. Actress Seyfried
45. A tributary of the Ohio River
47. Omit when speaking
48. Armored fish
49. Remain
52. From a distance
53. Adventure story
54. Geological times
55. Eat dinner

SUDOKU



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Advanced

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Solve the code to discover words related to spring cleaning.
Each number corresponds to a letter.
(Hint: 11 = E)

A. 22 23 15 21 11 25

Clue: Storage area

B. 15 6 7 20 9 2 16 11

Clue: Make orderly

C. 17 19 21 25 2 9 7

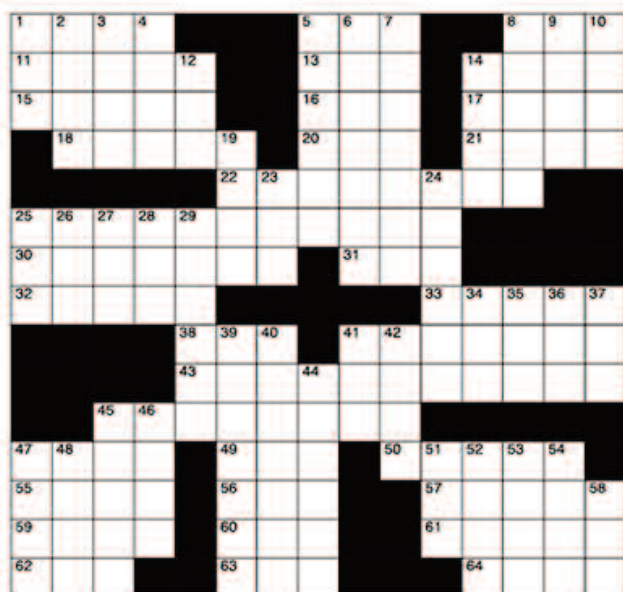
Clue: Clearing fine particles

D. 22 23 11 20 9 21 11

Clue: Make thoroughly clean

Answers: A. closet B. organize C. dusting D. cleanse

Summer Puzzle Page



CLUES ACROSS

1. Egyptian bull-god
5. A young canine
8. Cologne
11. Fictional British P.I.
13. Midway between northeast and east
14. A place to shop
15. Minneapolis suburb
16. Single lens reflex
17. NY Mets great Tommie
18. Informal loan clubs
20. Habitual twitching
21. Holm oak
22. Willing to consent or submit
25. In an early way
30. Made possible
31. Language in Ghana
32. Relating to one's birth
33. Deep-bodied fishes
38. Defunct European currency
41. Small American songbird
43. One from L.A.
45. After tenth
47. Hillside
49. Red deer
50. Partner to "oohed"
55. Indian musical pattern
56. Israeli city __ Aviv
57. Golden peas plant
59. Breezed through
60. Midway between east and southeast
61. Frameworks
62. Danish krone
63. Fall back
64. Influential Korean leader

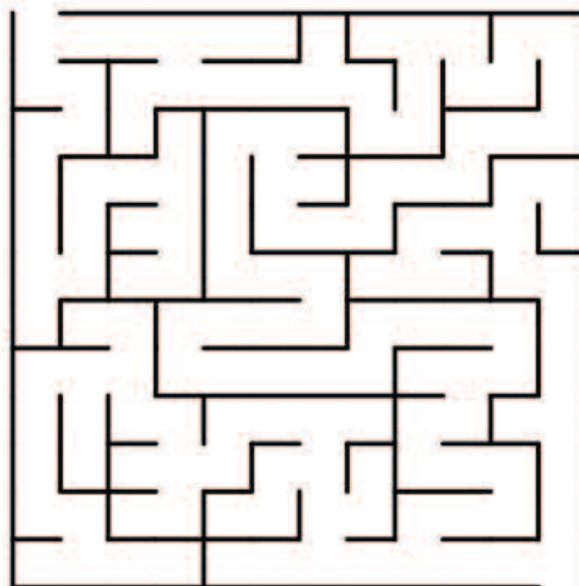
CLUES DOWN

1. Bridge building degree
2. Expression of sorrow or pity
3. Large, stocky lizard
4. Turkish leader title
5. Nag
6. Blank
7. Closely woven cotton fabric
8. A nice shot in golf
9. Away from wind
10. Evergreen shrub genus
12. Large African antelope
14. Something you receive
19. Satisfy
23. Wet dirt
24. No longer here
25. Writing utensil
26. Ribonucleic acid
27. Consume food
28. Licensed for Wall Street
29. Alternative forms of a gene
34. Buddy
35. We all do it
36. Chicken
37. No seats available
39. Yearned to possess
40. Ineffectual
41. Explosive
42. Turkish title
44. Worn near the foot
45. Impatient
46. Set an example for others
47. Actor Pitt
48. Instrument of torture
51. Swiss river
52. Grayish white
53. A way to print
54. Storied college hoops program
58. Midway between south and southeast

Maze Craze

Can you find your way through the maze?

START



FINISH

Get Scrambled

Unscramble the words to determine the phrase.

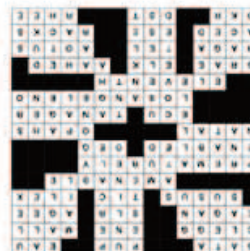
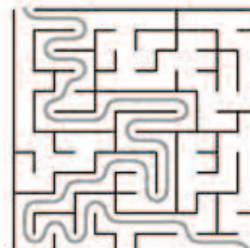
YM INNE VLSIE

WHAT'S THE DIFFERENCE?

There are four differences between Picture A and Picture B.



Find the four differences between Picture A and Picture B. Write the numbers 1-4 in the boxes below.



Answer: My Nine Lives





Math Blocks

Fill in the missing blocks with numbers between 0-20.
The numbers in each row add up to the totals on the right.
The numbers in each column add up to the totals on the bottom.

	6	5	31
2			22
5		10	26
27	25	27	

01	11	5
12	8	2
5	6	20

Solution

Get Scrambled

Unscramble the words to determine the phrase.

YM INNE VLSIE

Answer: My nine lives

CANADA



HISTORY

1955

The first television broadcast of the opening of Parliament takes place.

Animal FACT:



This animal sleeps through roughly 70 percent of its life.

Answer: Cat

NEW WORD

MEOW

the crying sound of a cat

How they say that in...

English: Fur
Spanish: Pelo
Italian: Pelliccia
French: Pelage
German: Fell



Most cats are lactose intolerant and should not be given milk to drink. This goes against images that often show cats drinking milk.



Get the PICTURE?



Can you guess what the bigger picture is?

Answer: A sleeping cat



Social Media Tiles -

Ready-to-post JPG designs for Facebook or Instagram, also available as TIF backgrounds



Our local food truck scene delivers unbeatable flavor, variety and value...**Try them all!**

FOOD TRUCK NAME HERE

Brief description of food truck fare or origin story here.
Brief description of food truck fare or origin story here.
Brief description of food truck fare or origin story here.
Brief description of food truck fare or origin story here.



Menu Highlights

Food Item & Price Info Here
Food Item & Price Info Here
Food Item & Price Info Here

Location Schedule

Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here

  @namehandlehere
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Menu Highlights

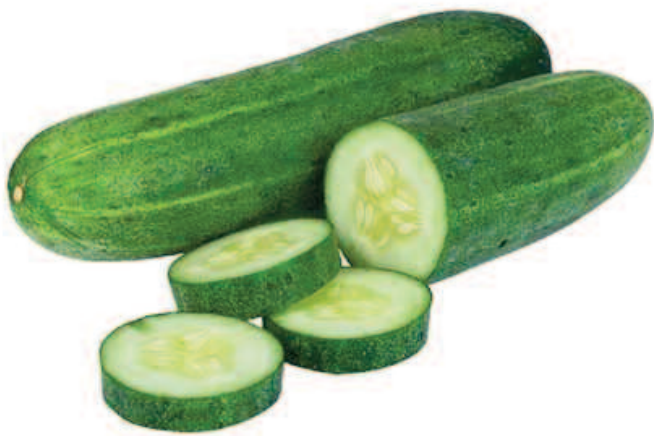
Food Item & Price Info Here
Food Item & Price Info Here
Food Item & Price Info Here

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Weekday 00 a.m.-00 p.m.	Location & Address Here
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Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here
Weekday 00 a.m.-00 p.m.	Location & Address Here

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The Decatur Daily
Decatur, AL



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If you have difficulty locating any of this content, call 800.223.1600 or email service @metro-email.com for fast and friendly assistance!

» Check out an issue of Living 50 Plus Decatur Morgan

CREATE:

The Decatur Daily produces a bimonthly lifestyle magazine titled Living 50 Plus Decatur Morgan. The magazine provides targeted lifestyle content for readers ages 50 and over, who make up about 45 percent of The Decatur Daily's readership. In addition to their own local stories, the publisher utilizes a number of Metro features to tie in local advertising. These include a "Good to Know" page providing healthy lifestyle tips, and a "100 Years Ago This Month" page that looks back on historical events. Advertising Assistant Jessica Powell says features like these engage readers by holding their attention and sparking conversation. They also allow an exclusive page sponsor to reap the benefits of that focused attention from readers. The magazine runs as a print insert and e-edition, and complimentary copies are also available at area business locations and The Decatur Daily office.

SELL:

Sponsored pages in the magazine give local businesses an opportunity to attract focused attention from their target consumers, with no competition on the page. Powell notes that it also connects advertisers to the Living 50 Plus brand. Sponsored pages are sold as a six-run contract, allowing an advertiser to essentially "present" the content included on that page for six issues. The publication also uses Metro editorial features to anchor a senior services directory, featuring advertising from several local businesses. Pages incorporating Metro recipes and puzzles offer advertisers additional opportunities for engagement.

PROFIT:

The most recent issue of Living 50 Plus featured ads from more than 30 local businesses. Powell says, "Advertisers have enjoyed sponsoring pages for our magazine because it allows them a message to get behind and connect to their own branding. It expands their brand's message to more than just a company logo."

Jessica Powell
Advertising Assistant
The Decatur Daily
jessica.powell@tnvalleymedia.com
www.decaturdaily.com

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Celebrating **Canada Day** on July 1



French Headings



Celebrating CANADA DAY

June 2026 | A Special Supplement to **Name Newspaper**

Inside:

Fireworks & events | Fun for kids & families | Recipes & entertain
Additional feature descriptions | Additional feature description

Use these elements to
kick off a special section
or run themed pages.
You can find more editorial
features for **Canada
Day** under the Editorial
tab along the top of our
website. Select **Copyright-
Free Editorial Features**,
then enter keyword
Canada Day and select the
Exact Match button.



Get fired up about these fireworks alternatives

Firework displays are a beloved Canada Day tradition for many, but it's important to remember that fireworks cause thousands of serious injuries each year and are best left to pyrotechnic professionals. Here are some festive alternatives to help ensure celebrations stay safe.

- **Confetti:** Throwing confetti can simulate the different colors of fireworks displays. Choose a recycled paper that has no detrimental effect on the environment.
- **Noisemakers:** Children's packs or use other items that can simulate the sound of fireworks.
- **Sprinklers:** Instead of a wet sprinkler and water, some pools have water that spray water up in the pool. When paired with lights, this can make an eye-catching display.
- **Shoppers or cups:** Depending on the area where you live, smaller popping novelty items that make a loud popping noise when thrown or stepped on may be sold. They are generally safer to handle than traditional fireworks.
- **Balloons:** Everyone can play games involving water balloons or water balloons.



Notable moments in the history of Canada Day

Canada celebrates the birthday of the nation on July 1. The day is celebrated in a variety of ways across the country, with many people looking forward to the fireworks displays that take place in many cities.

• **1867:** The British North America Act, 1867, united the three original provinces of Canada: New Brunswick, Nova Scotia, and the Province of Canada. The day was celebrated as the birthday of the new nation.

• **1982:** The Constitution Act, 1982, was passed, giving Canada full sovereignty. The day was celebrated as the birthday of the new nation.

• **1992:** The day was celebrated as the birthday of the new nation.

• **2000:** The day was celebrated as the birthday of the new nation.

• **2015:** The day was celebrated as the birthday of the new nation.

• **2020:** The day was celebrated as the birthday of the new nation.

• **2021:** The day was celebrated as the birthday of the new nation.

• **2022:** The day was celebrated as the birthday of the new nation.

• **2023:** The day was celebrated as the birthday of the new nation.

• **2024:** The day was celebrated as the birthday of the new nation.

• **2025:** The day was celebrated as the birthday of the new nation.

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• **2026:** The day was celebrated as the birthday of the new nation.



Tab 10 x 13

Social Media & Email Designs -
Use these ready-to-post JPG designs for Facebook and Instagram, or drop them into a sales pitch email. These files are also available as TIF backgrounds without text.





Customize this template with any of the milestone anniversary images provided to promote your publication's role and history in the community.

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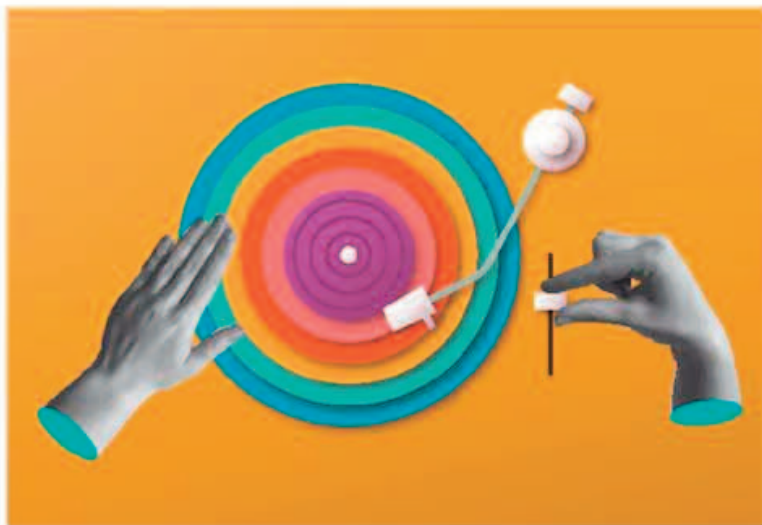
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Web Ads  
Rectangle 250 x 300
Leaderboard 728 x 90
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PARTIES & EVENTS

Venues, vendors and entertainment for every occasion!

MY PARTY PLANNING NOTES & IDEAS

Date _____ Time _____

Food & Drink Notes

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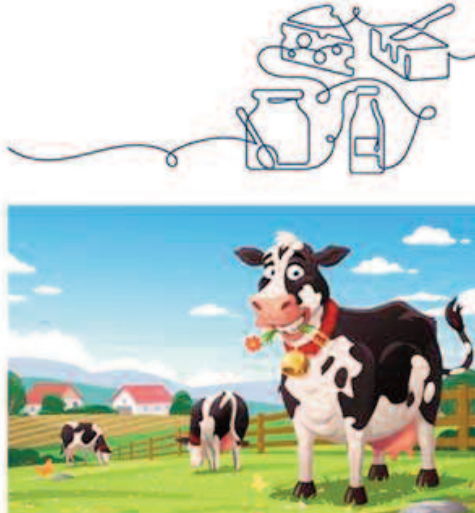
Event Space for up to 500 Guests

> Take a tour and request a free quote!

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June is **Dairy Month!**





THANKS

to the Dairy Producers

Who Nourish Our Nation

Dairy foods are more than just a delicious cornerstone of nutrition; they're an important part of our communities and our country's prosperity. From farms to processing plants to transport, the dairy industry supports millions of jobs and contributes billions of dollars annually to our economy. Through market and environmental challenges, our nation's dairy farmers continue to persevere and innovate. Their resilience, hard work and unwavering commitment to quality and sustainability inspire us, and we appreciate their important contributions to our health and our way of life.

Dairy Quick Facts

Wholesome dairy foods support bone health, muscle and immune function, and overall wellness. Milk products like milk, yogurt and cheese provide naturally occurring calcium that can be readily absorbed by the body.

Just one serving of milk delivers 25% of daily recommended calcium intake.

One serving of milk provides 13 essential nutrients, including calcium, vitamin D, potassium and high-quality protein. Yogurt delivers nine essential nutrients, and cheese contains eight essential nutrients.

Sources: National Dairy Council, American Dairy Association Midwest, USDA FoodData Central



NAME SPONSOR	NAME SPONSOR	NAME SPONSOR	NAME SPONSOR
NAME SPONSOR	NAME SPONSOR	NAME SPONSOR	

Tab 10 x 13 | Broadsheet 6 col x 21

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Name Sponsor

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PASS 2 col x 5

Web Ads

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Leaderboard 728 x 90
Mobile Banner 320 x 50

Don't Forget the Milk!

Everyday Low Price
Name Brand
Whole Milk
\$3.99 gallon

Grocery Food Market

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In the MOOD for Something Delicious?

Enjoy \$6 Dairy Month
Specials All June!

See What's on the Menu!

Cafe Restaurant

1234 Washington Street
Somersville Heights



Don't Forget the Milk!

We're committed to providing our community with great value on wholesome dairy foods for the whole family. Thanks to our local dairy producers for your hard work and your commitment to quality and sustainability!

Grocery Food Market

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Everyday Low Price
Name Brand
Whole Milk
rBST-free
\$3.99 gallon



In the MOOD for Something Delicious?

\$6 Dairy Month Specials All June:

Three-Cheese Grilled Cheese
Cheesy Breakfast Quesadilla
Fresh Fruit, Granola & Yogurt Parfait
Homemade Ice Cream Sandwiches

We have everyone's favorite dairy treats on the menu!



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PASS 3 col x 2.5

PASS 3 col x 2.5

Celebrate dads and grads this June



Dads, Grads & Celebrations



Father's Day Gifts & Dining

Masthead - Build themed pages or directory layouts, in print or online



Celebrating Dads & Grads



\$49
Bone-In NY Steak Dinner
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Add an Old Fashioned for Just \$10!
Special offer available through June XX, 20XX.

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Celebrate the **U.S. Semiquincentennial on July 4th!**

Find hundreds more images, ads and ideas under the **America@250** tab at the top our website.



STARS, STRIPES & Festive Nights



Meet Our Community's
SESQUICENTENNIAL SENIORS



50

BICENTENNIAL *Babies*... THEN & Now



Mastheads - Build themed pages or directory layouts, in print or online



This is your illustration and copy for for the first week of June.



“Therefore what God has joined together, let no one separate.”
Mark 10:9 (NIV)

A Covenant of Love

June has long been celebrated as a season of marriage within many cultures, and this year will be no different. While we enjoy the beauty and festivities of a wedding day, the true heart of marriage is found in the covenant, a sacred promise to walk together through each season of life. Beyond this, Scripture presents a picture of marriage that is much deeper than a simple social contract. It is intended to be a living picture of Christ's relationship with the Church. Just as we see the nature of sacrifice throughout Christ's mission, a husband and wife are called to mirror that same selfless love as they grow together. As we celebrate the marriages of our friends and families this month, we can find joy for them as they prepare themselves for a long journey of love, faith, and sacrifice.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the second week of June.



“We will shout for joy when you are victorious and will lift up our banners in the name of our God.”
Psalm 20:5 (NIV)

A Banner of Hope

As we look toward Flag Day, it is a timely moment to remind ourselves of the meaning behind Old Glory. While the flag serves as a poignant symbol of our nation's history, its colors also reflect timeless values. Traditionally, the red stands for valor, the white for purity, and the blue for vigilance and justice. When we honor the flag, we honor these principles that were cemented through the struggles and sacrifices of those who came before us. John Adams once reminded us that our liberties are best preserved by a people who remain grounded in morality and faith. As people of faith, we recognize that the virtues represented on our flag—strength, integrity, and justice—ultimately find their highest source in God. In reflecting on this, may we seek to live out those virtues in our own communities.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the third week of June.



“The righteous lead blameless lives; blessed are their children after them.”
Proverbs 20:7 (NIV)

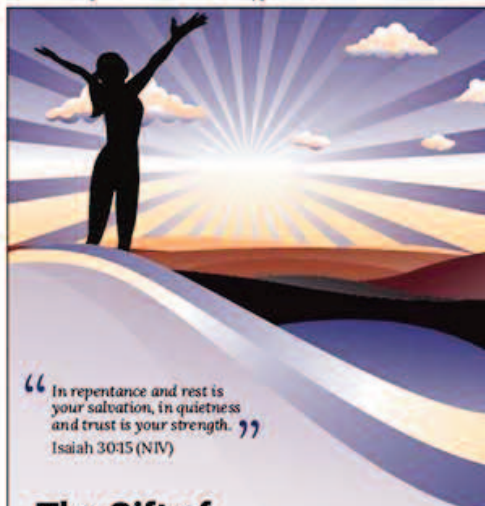
The Strength of a Steady Hand

In celebrating Father's Day, our thoughts turn to the men who have shaped our lives with their strength, wisdom, and quiet dedication. Whether reflecting on a father, grandfather, or mentor, we often find that we only truly appreciate their impact as we grow older and navigate our own responsibilities. A steady hand isn't just about physical guidance; it is about the spiritual foundation these men provide by simply showing up. Their legacy is often built in the small, daily acts of faithfulness, such as working hard, leading with humility, and offering a shoulder to lean on. As we continue along the spiritual journey of our lives, we can offer these figures our appreciation for leading us rightly on this path.

—James Stone

PASS 2 col x 7

This is your illustration and copy for the fourth week of June.



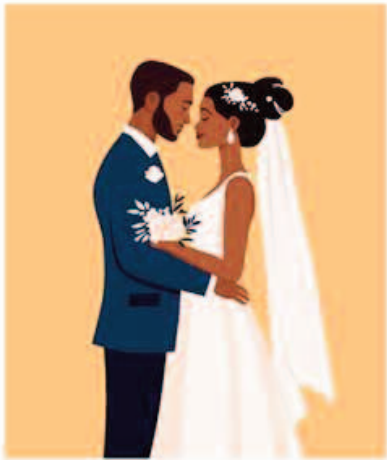
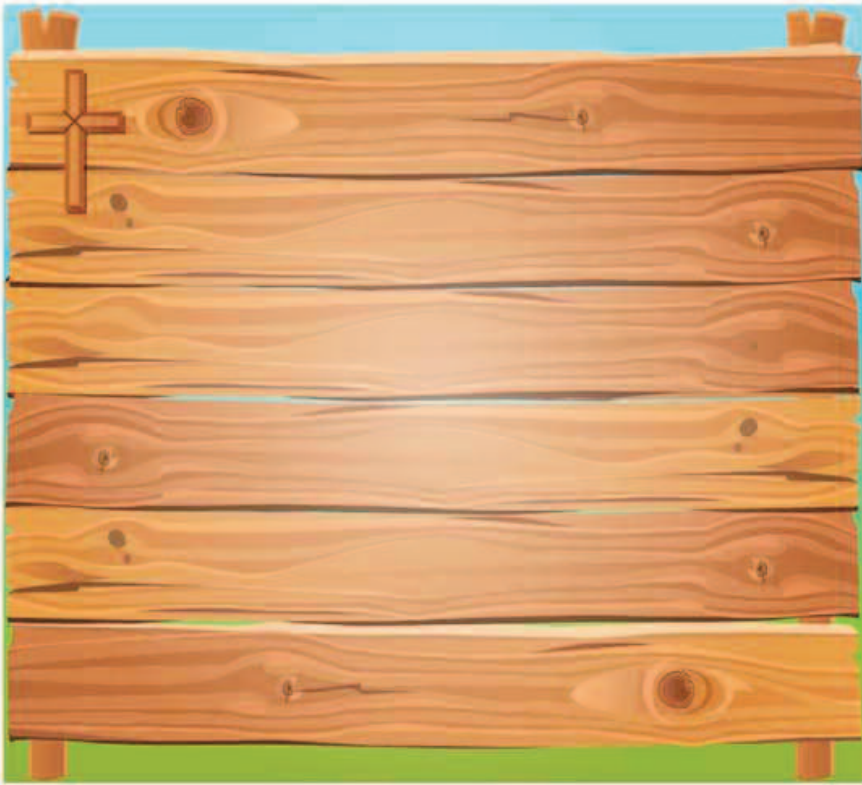
“In repentance and rest is your salvation, in quietness and trust is your strength.”
Isaiah 30:15 (NIV)

The Gift of Summer Stillness

As the summer heat settles in, the long days of late June invite us to slow down and embrace a more restful spirit. While most of us can't spend every day lounging at the beach, we can still find moments to appreciate in the quiet of a summer sunset or a cool evening breeze. When we pause to appreciate these simple gifts, we do more than just enjoy the season; we reconnect with the Creator who designed them. Setting aside time for true relaxation, even amidst a hectic schedule, is not a sign of idleness, but an act of faith. By resting our minds and bodies, we prepare ourselves to return to our work with a renewed heart and a steady spirit.

—James Stone

PASS 2 col x 7



Themed Backgrounds & Elements

Create event promotion ads or business sponsorship opportunities in conjunction with **Juneteenth, LGBTQ Pride Month and local activism**



Tab 10 x 13



PASS 6 col x 3



Themed Backgrounds & Elements

Create ads and pages for **gas station perks to offset high fuel costs; marina slips, services and waterfront dining; and RV sales, services and campsites!**

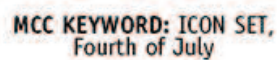


Tab 10 x 13



PASS 6 col x 3







MCC KEYWORD: ICON SET, Beach



MCC KEYWORD: ICON SET,
Dairy



MCC KEYWORD: ICON SET,
Fishing

It's Tournament Time! Use these images to create ads and pages around match updates, watch parties, soccer merch and more.

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1. Lay

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Rising gas prices mean a rise in summer **staycation planning and local recreation.**

Use these images to create staycation ads, pages or a section!



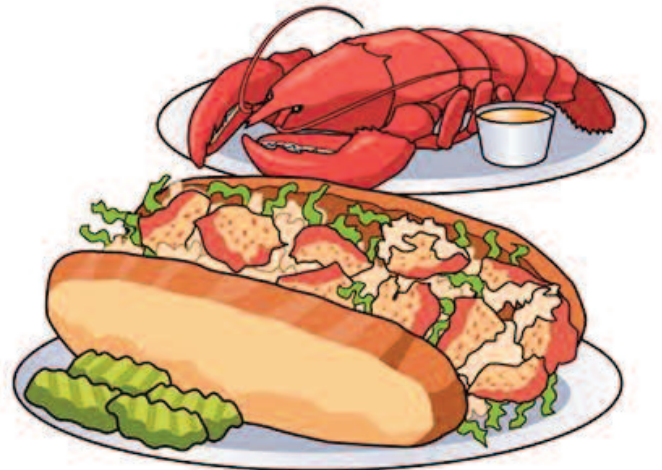


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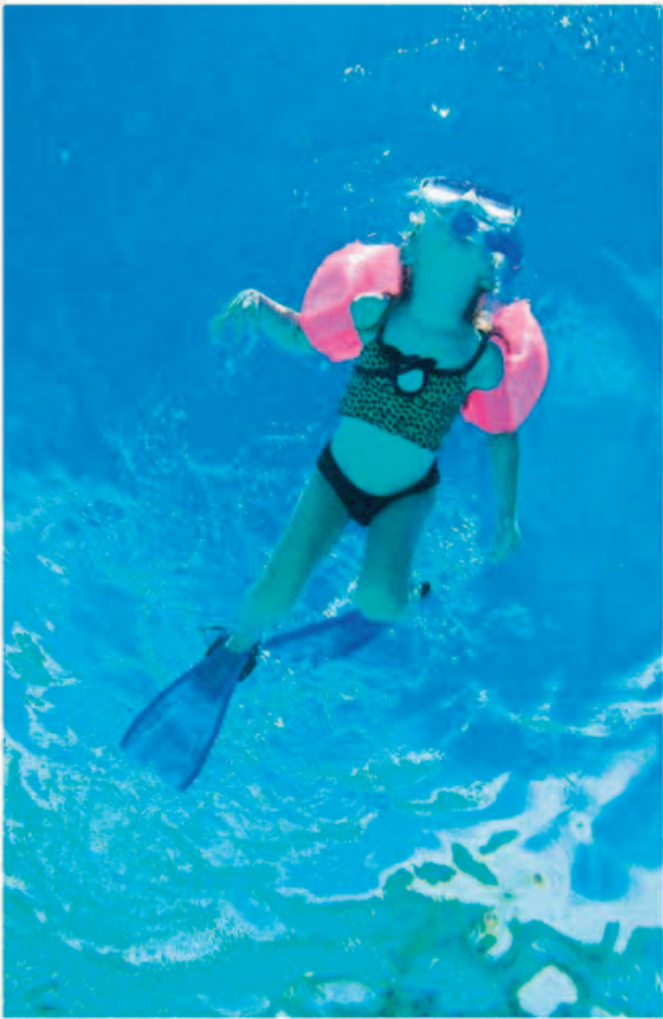








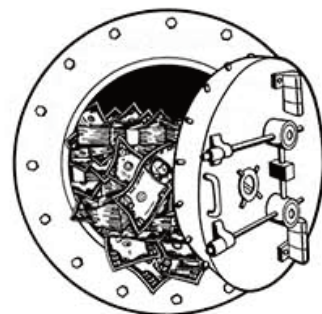




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Weddings

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Small touches to make your wedding unique

Small touches to make your wedding unique

Small touches to make your wedding unique

100 Things

Small touches to make a wedding unique

A couple's wedding day is one they will remember forever. Whether they're saying "I do" in front of hundreds of loved ones or tying the knot in a more intimate affair, couples give a lot of effort to making their special day. Wedding planning and a complex to ensure the day reflects who they are as individuals and as couples, and many unique wedding day help set the tone for their special day.

• Small touches to make a wedding unique
 As couples plan their wedding, they often think about the small touches that will make their day special. These touches can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the touches reflect the couple's personality and style.

• Personal touches to make a wedding unique
 Personal touches are the small details that make a wedding special. These touches can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the touches reflect the couple's personality and style.



• Wedding favors to make a wedding unique
 Wedding favors are a great way to thank guests for their presence at the wedding. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the favors reflect the couple's personality and style.

Fun and festive wedding favors



Wedding favors are a great way to thank guests for their presence at the wedding. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the favors reflect the couple's personality and style.

• Fun and festive wedding favors
 Fun and festive wedding favors are a great way to add a touch of humor and personality to the wedding. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the favors reflect the couple's personality and style.

• Custom wedding favors
 Custom wedding favors are a great way to make the wedding favors unique to the couple. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the favors reflect the couple's personality and style.

100 Things

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TEE TIME

Back to Basics The fundamentals of a strong swing

Back to Basics The fundamentals of a strong swing

Back to Basics The fundamentals of a strong swing

100 Things

What to do when inclement weather strikes during a round



Inclement weather can be a frustrating experience for golfers. Whether it's a sudden rainstorm or a strong wind, it can disrupt a round and make it difficult to enjoy the game. Here are some tips on what to do when inclement weather strikes during a round.

• What to do when inclement weather strikes during a round
 When inclement weather strikes during a round, it's important to stay calm and make the best of the situation. Here are some tips on what to do when inclement weather strikes during a round.

• Golf cart rentals
 Golf cart rentals are a great way to make the most of your round. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the rentals reflect the couple's personality and style.

Pros and cons to walking the golf course

Walking the golf course is a great way to enjoy the game. It allows you to see the course from a different perspective and can be a great workout. However, there are also some pros and cons to walking the golf course.

• Pros and cons to walking the golf course
 Walking the golf course has many benefits, but it also has some drawbacks. Here are some pros and cons to walking the golf course.

• Golf cart store
 Golf cart stores are a great way to find the perfect golf cart for your needs. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the stores reflect the couple's personality and style.

• Golf supplies
 Golf supplies are a great way to make the most of your round. They can be as simple as a custom wedding favor or as elaborate as a custom wedding cake. The key is to make sure the supplies reflect the couple's personality and style.

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Golf tips for beginners

Golf courses are serene settings that allow people to enjoy the great outdoors while simultaneously engaging in the thrill of competition. Those factors undoubtedly motivate people to hit the links and play a round of golf, which remains a wildly popular sport. In fact, a recent report from the National Golf Foundation found that roughly 119 million people followed golf on television or online, read about the game, or listened to a golf-related podcast in 2022. Golf can certainly be a fun sport to follow, but it's just as fun to play. Golf is a challenging sport, and it can be especially difficult for newcomers. Patience is paramount when learning to play golf, and the following are some additional strategies beginners can keep in mind as they learn to golf.

- **Work with a pro.** Golf pros at local courses or even private coaches typically have extensive experience teaching the game. That expertise is invaluable. Beginners can learn the basics from a seasoned pro, who can instruct students on fundamentals such as stance, grip and swing so they enjoy their first round that much more.
- **Purchase a good set of clubs.** The right clubs can make the game that much easier. Adults who are not sure if they want to fully commit to playing can get by with secondhand clubs, while parents can do the same as they try to teach their children the game. Once a commitment has been made, a new set of custom fitted clubs can be a worthy investment that lets golfers take their game to the next level. Using clubs that are too small or too large can affect performance, as can other factors like grip size. Custom fitted clubs can be expensive, so beginners may want to wait until they catch the golfing bug before they make such an investment.

- **Golf with a friend.** The buddy system makes numerous recreational activities more fun, and golf is no exception. Beginners can ask a friend who already plays to tag along, but it also can be fun to learn the sport alongside another novice. Friends with experience may be willing to offer some tips to becoming a better player, while two beginners can share a few laughs as they navigate their way through rounds that end up well over par.
- **Choose the right courses.** Certain courses are more challenging than others. Par-3 courses can be perfect for beginners because they include only par 3 holes, which feature shorter distances from tee to cup and tend to be flatter and easier for novices. Par-5 courses also tend to be just nine holes, which can be ideal for beginners. When playing a traditional course, beginners can look for one with a reputation for being less challenging so they are not discouraged by their final scores.



A rundown on GOLF CLUBS

Some golfers would say you're only as good as your gear. Perhaps no gear is as important to a golfer's performance as his or her clubs. The differences between each type of club may confuse those unfamiliar with golf, so a rundown of the various clubs in a golfer's bag may help novices improve their scores.

Driver

Drivers are what golfers utilize on the tee, so this club makes a good place to start. Drivers are designed to give golfers distance off the tee, and these will likely be the longest club in the bag. Choosing a driver depends on a number of variables that are unique to each golfer, so it's best to speak to a pro shop professional to find the right driver before hitting the links.

Irons

Golfsballs.com notes that a standard set of irons features between five and seven clubs, typically a 3-iron to a 9-iron. However, irons range from a 1-iron to a 9-iron. Golfsballs.com notes a 1-iron and a 2-iron are typically only utilized by especially skilled golfers, which is why they're not often included in standard sets. According to the sporting goods experts at Dick's, the following is the average distance golfers can expect from their irons:

- 2-iron: 105 to 200 yards
- 3-iron: 100 to 205 yards
- 4-iron: 90 to 190 yards
- 5-iron: 80 to 175 yards
- 6-iron: 70 to 165 yards
- 7-iron: 65 to 155 yards
- 8-iron: 60 to 145 yards
- 9-iron: 55 to 135 yards

Fairway woods

Dick's notes that fairway woods are versatile clubs that can be used from the fairway or the rough. Fairway woods can even be used in the place of a driver if golfers are more comfortable doing so. Dick's notes that average distance also determines which fairway wood to utilize.

- 3-wood: 125 to 240 yards
- 4-wood: 110 to 220 yards
- 5-wood: 105 to 215 yards
- 7-wood: 90 to 170 yards

Hybrids

Golfsballs.com notes that hybrids can be used in place of long irons (a 3-iron to a 6-iron). Novices may be most inclined to do so, as the shorter shafts on hybrids compared to long irons makes them easier for some beginners to use effectively.

Wedges

Dick's notes that wedges are designed for low-distance shots. There are various types of wedges, and usage can be determined by how long a shot golfers are hoping to hit. A pitching wedge can be used for shots between 50 and 120 yards, while a lob wedge is a good option for a shot between 35 and 90 yards. Gap wedges are good for shots slightly shorter than a pitching wedge, while a sand wedge helps golfers escape the dreaded bunker.

Putter

Putters are used when golfers reach the green. As is the case with drivers, putters can be chosen after consultation with a pro shop professional to ensure the club does not adversely affect your score.

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